BUILDING A STRONGER COMMUNITY

Annual Report 2012
NEW CANAAN YMCA

THE Y.
WE’RE SO MUCH MORE ™

YOUTH DEVELOPMENT       HEALTHY LIVING       SOCIAL RESPONSIBILITY
WE’RE MORE THAN A GYM; WE’RE A CAUSE.

Everybody knows the Y as four letters: YMCA.

But from A to Z, the Y brings our community so much more through a broad range of programs and services.

There’s Exercise, but there is also Education through our after-school programs and community wellness lectures. There’s Cardio, but there is also Community Volunteerism. We teach Pilates, but we also teach Prevention through our wellness initiatives. We give Swim lessons, but we also give Scholarships and financial assistance to those who need it most.

Here are some highlights of our past year:

- **Our 2012 Annual Support Campaign**, under the leadership of board members Kevin Cowser, Rick Routhier, and Kristin Selvala, enabled us to provide more than $400,000 in financial assistance to members of our community in need. Our 15th annual golf outing at the Country Club of Fairfield, chaired by Chris Pohle and Rick Selvala, raised nearly $80,000 to support our Special Needs Initiative. And through our partnership with the Kiwanis Club of New Canaan, the annual Family Circus returned to New Canaan, with proceeds helping us provide summer camp scholarships.

- Hundreds of people relied on the Y this past year as an emergency respite center during power outages caused by Hurricane Sandy. On average, 1,000 people entered our facility each day.

- Our Y’s Special Needs Initiative, launched in 2009, now serves more than 100 kids, teens, and young adults through specialized and mainstream recreational and social programming. Participation increased by 32% in 2012.

- Our Y is committed to helping our members and the community create healthier lifestyles. People of all ages are improving their well-being through such programs as cancer wellness and youth strength training in addition to free community events, such as our Senior Health Fair and community wellness lecture series.

- The Y’s three competitive aquatic teams—swimming, diving, and synchronized swimming—all enjoyed successful seasons, and 12 of our student-athletes will be continuing their sport at the collegiate level. In addition, Emma Baranski, a member of the YMCA Aquianas, was named to the Senior National Synchronized Swimming Team.

- Our seven-year partnership with Facing the Future (FAFU), a child development center in the Kenyan slum of Kibera, continues to flourish. In October of 2012, FAFU Executive Director Simoen Ajigo visited our Y and the community to raise awareness, as well as to take our Y’s best practices back to Kibera.
The New Canaan YMCA continues to maintain a steady fiscal position, ensuring that we will be able to continue serving the community—now and in the future.

The Y is so much more than a gym. It’s a cause. Our cause is strengthening community and so much more.

We are proud to serve such a broad segment of our community through our programs, services, and facility. We thank you for making this possible and look forward to another successful year.

Yours in service,

Peter Skaperdas
Board President
Craig Panzano
Executive Director

SUPPORTING YOUTH: THE ALL KIDS ARE OUR KIDS COLLEGE SCHOLARSHIP

Brian Austin-Carter is this year’s recipient of our Y’s All Kids Are Our Kids College Scholarship. Funded by our Annual Support Campaign, we award this scholarship annually to a graduating high-school senior in recognition of academic potential, as well as volunteer and work experience.

Brian graduated with high honors from Fairfield Prep, where he was inducted to the National Honor Society and a member of the varsity crew team. While at Prep, he was a peer tutor and a member of REACH, a club of service volunteers. The REACH club regularly assists with programs and events in our Y’s Special Needs Department. Brian has also worked as a one-on-one aide for children with special needs at summer camp for two seasons.

“The Y has had an impact on me and provided me with opportunities to learn, grow, and serve,” says Brian. “I have developed a passion for community service, and the Y has become like a second home to me.”

Brian will be attending Villanova University, majoring in Chemical Engineering.
FOR YOUTH DEVELOPMENT
Nurturing the potential of every child and teen

All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of adults who care about them.

NURTURING THEIR POTENTIAL.
5,500 children experienced positive, fun activities that enhanced their athletic, social, and interpersonal skills.

We teach Swimming to more than 1,000 kids each year, but we also teach Sportsmanship. Kids play Basketball and enjoy the fun of Bouncing Bears, but also experience a sense of Belonging. We offer Camp, but our goal is to provide a caring Community where all children have the opportunity to learn, grow, and thrive.

CONFIDENT TEENS TODAY; CONTRIBUTING, ENGAGED ADULTS TOMORROW.
At the Y, teens can Relax, but they also benefit from spending time with positive Role Models. More than 1,600 teen members enjoy safe, healthy, fun activities with us each year. From middle school nights— with 80 kids attending each month—to just spending time with friends after school and on the weekends, the Y provides positive, healthy activities.

We are also one of the largest employers of teens in our community, giving nearly 100 young people job opportunities and 56 13-15 year olds leadership experiences through summer camp Leader and Counselor in Training programs.
MAKING A DIFFERENCE A WORLD AWAY:
Our Y’s Partnership with Facing the Future in Kibera, Kenya

Now in its seventh year, the New Canaan YMCA is proud to be partnering with Facing the Future (FAFU), a child development center that provides feeding and education to nearly 250 children in the Kenyan slum of Kibera.

In Kibera, nearly a million people live in an area the size of Central Park without clean water, electricity, sanitation, adequate food, or medical facilities. 70% of the population is under the age of 14, including 50,000 orphans.

Thanks to community support, our Y is a sponsor of FAFU’s feeding program, and also assisted in construction of their new permanent facility. And in October 2012, we were thrilled to welcome FAFU Executive Director Simeon Ajigo to New Canaan and to our Y. Simeon’s visit rose awareness of the challenges faced by Kibera’s residents, and he also spent time observing our childcare programs, to take best practices back to his team in Kibera.

WORKING FOR WORKING FAMILIES:
The Y offers Childcare, and helps preschool and school-age children maintain strong family Connections through its full-day and afterschool childcare and nursery school programs.

112 children with working parents enjoy all the Y has to offer in their “home away from home,” while more than 60 attend our Y’s Little Owl Nursery School.

THE Y. WE’RE SO MUCH MORE
Working families can count on the Y when they need us. This past year, we awarded more than $65,000 in financial assistance to 31 children enrolled in our childcare programs.
FOR HEALTHY LIVING
Improving the nation’s health and well-being

In communities across the nation, the Y is a leading voice on health and well-being. With a mission centered on balance, the Y brings families closer together, encourages good health, and fosters connections through fitness, sports, fun, and shared interests.

HEALTH, WELL-BEING, AND FITNESS:
Our Y is a community resource dedicated to promoting wellness among people of all ages and abilities through good health and exercise habits. Our programs are designed to help people set realistic goals for self-improvement and disease prevention through an active lifestyle, proper nutrition, and health education.

LIVING STRONGER LONGER:
We are proud to partner with area hospitals and organizations to help our community members maintain their health, or to regain strength after illness or injury. From community health lectures to free cancer exercise programs for survivors and those undergoing treatment, we strive to support the community’s health and wellness needs.

THE Y. WE’RE SO MUCH MORE
To ensure that everyone has access to resources that encourage healthy living, this past year our Y awarded nearly $74,000 in financial assistance toward program fees to 129 individuals.
GROWING STRONGER TOGETHER:
This past year, 150 12-14 year olds completed our Families in Training program, allowing them to work out with their families any time in our Wellness Center, or with their friends after school during designated hours. Our Y also offers special family group fitness classes, family swim time, and open gym time.

FAMILY TIME: Families have fun and grow together at the Y through special community events, programs, and informal recreation. In addition to community events like our International Festival, Crafts With Santa, and Halloween Party, our Y once again partnered with the Town of New Canaan to host Family Dinner Night, giving families the opportunity to get away from their busy, over-programmed lives, to play together, and enjoy each other’s company.

THE Y. WE´RE SO MUCH MORE
We provide 5,100 adults and 5,500 young people with the support, guidance, and resources they need to achieve greater health and well-being for their spirit, mind, and body.
LET’S WORK TOGETHER

Strengthening community is our cause. The New Canaan YMCA is proud to partner with and support other local organizations and agencies to address the common needs of our community. Among our recent collaborative partners are the following:

21 Strong
A Home
ABC House of New Canaan
All Out For Autism
American Cancer Society
Arts for Healing
Boy Scouts of America
Court Community Service Program
Getabout of New Canaan
Girl Scouts of America
Homeschool Cooperative
Horizons
Kiwanis Club of New Canaan
Lions Club of New Canaan
National Charity League
New Canaan Basketball Association
New Canaan CARES
New Canaan Chamber of Commerce
New Canaan Early Childhood Directors Association
New Canaan Middle School Choices
New Canaan Police Department
New Canaan Public Schools
New Canaan Red Cross
New Canaan Softball
New Canaan Social Services
New Canaan Volunteer Ambulance Corps
New Canaan Youth Wrestling Association
Norwalk Hospital
Nursing and Home Care
Project Friendship
Saxe Mentoring Program
South Avenue Cottage
Stamford Hospital
Staying Put in New Canaan
STAR
Toys for Tots
Voices of September 11
Volunteer Center of Southwestern Fairfield County
Waveny Care Center
Young Women’s League of New Canaan
Youth Adult Partnership Board

21 STRONG:
In partnership with 21 Strong, a local organization of families who have a child with Down Syndrome, our Y hosted a National Down Syndrome Day celebration for the third consecutive year.

HANDS FOR LIFE:
In partnership with the New Canaan Volunteer Ambulance Corps, our Y presented Hands for Life, a daylong training event. 902 community members gained the life-saving skills and confidence to administer hands-only CPR and AED in the event of a cardiac emergency.
The Y is a place for everyone, and our Special Needs Initiative provides specialized and inclusive recreational programs and opportunities to more than 100 children, teens, and young adults with special needs—and their families. We are one of just a handful of Y’s in the country to have a full-time Director of Special Needs programming, allowing our Y to offer those with special needs the support they need to be well, make friends, and thrive.

STAYING STRONG, HAVING FUN:
From wellness and music to aquatics and recreational opportunities, our Y is helping those with special needs have fun and build a lifetime of healthy habits. We are also proud to provide employment and volunteer opportunities to those with special needs.

THE Y. WE’RE SO MUCH MORE
The Y dedicated $60,000 this past year to provide support staff for our Special Needs programs and Special Cares Camp, allowing our members with special needs to enjoy programs and summer camp at no additional cost to their families.

MAKING SUMMER MEMORIES:
Preschoolers, teens, and young adults have summers to remember through our Y’s mainstream and specialized day camps. We provide support aides at no additional cost to the campers’ families.
FOR SOCIAL RESPONSIBILITY

Giving back and providing support to our neighbors

When you give to the New Canaan YMCA, your strengthen our community. As the nation’s leading nonprofit for youth development, healthy living, and social responsibility, we use our donors’ generous Annual Support Campaign gifts to make a meaningful, enduring impact right here in our own community.

$50,000+
Anita and G. Thomas Hargrove

$25,000+
Anonymous
Estate of Robert Brand
Kathy and Peter Skaperdas

$10,000–24,999
Laura and John Barker
Kristen and Johan Eveland
Jennifer and James Forese
SPED*NET of New Canaan
Sue and David Squier
Kathleen Tropin
Carol and Jean-Paul Valles

$5,000–9,999
The Cioffi Family
The Jaffe Family Foundation
The Arnold and Douglas Karp Families
Kay and Chris Linneman
Town of New Canaan
Liza and Chris Pohle
Susan and Eric Sheinberg

$2,500–4,999
Anonymous
Lynn & Najib Canaan
The Church Family
Dona M. Bissonette
and Timothy J. Curt
IBM Corporation
Malott Family Foundation

Jennifer and Jack Murphy
Vivi Mylod
Pam and David Norton
Mr. and Mrs. Anthony Noto
Octagon
William Pitt Foundation
Eileen & Dennis Schaney
The Sokolowski Family
Eileen and James Thomas
United Way of Westchester
and Putnam
Mr. and Mrs. Richard Whitcomb
Mr. and Mrs. Christopher H. Willis
Alicia and Bob Wyckoff

$1,000–2,499
Constance and Andrew Ashforth
Melanie & Scott Barnard
Susan and Bill Brock
Cecilia and Richard Canning
Jackie Capra
Wendy and Chase Carey
Dionna and David Carlson
Stephanie and Kevin Cowser
Daxko
Douglas Dooley
Beth and Tim Dwyer
First County Bank
Gartner, Inc.
Girl Scouts of CT
Olga and Tom Haack
Hoyt Livery
Clare and Chris Hughes
Susan & Timothy Jensen
Sarah Kahn and Rick Routhier
John and Gail Kanter
Karl Chevrolet–Hummer
Dr. and Mrs. Haik Kavookjian
Kate and Peter Kend
Mr. and Mrs. David Kirby
Leah and Daniel Kittredge
Kiwanis Club of New Canaan
John Knight
Mr. and Mrs. Charles P. Kontulis
Brett and Mark Kristoff
Col. William O. Lenihan, Esq.
Elaine and Chris Mackenzie
Bo and Julie Marcus
Evelyn and Marty McLaughlin
Tracy and Joseph Merrill
New Canaan Sewing Group
Newcomers Club of New Canaan
Maryam & Howard Newman
Mr. and Mrs. Craig Panzano
Jeff & Kathy Rold
Kristin and Rick Selvala
Diane and Spiros Segalas
Akiko & Barry Silver
Kathy and Joseph Sweeney
United Way of New York City
United Way of Tri State
USA Swimming
Christine and David Wagner
Cecilia & Darrell Wheeler
The Wronsiki Family
Lori & Steve Wyckoff
New Canaan YMCA
2012 Annual Campaign Donors

$500-999
AT&T United Way Employee Giving Campaign
Mr. and Mrs. Marc Bialiotti
Joann Cerretani
The Charlton Family
Controlled Air
Mr. and Mrs. Fred Crawford
Mr. and Mrs. Nicholas Daifotis
Wendy and Ken Davis
Christen and Calvin Farley
Nancy Follis
Scott Fuller
Leslie and Austin Furst
GE Foundation
John M. Glover Agency
Stefanie and Michael Grisé
Jane and Brian Hetherington
Sandy Hogan
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Mr. and Mrs. Bruce Kramer
Douglas Lake
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Carole E. Matousek
Mr. and Mrs. Scot Melland
Katherine and Kenneth F. Mountcastle
John Muller
New Canaan Old Timers Association
M.E. and Christopher O’Connor
Robert Perkin
Ruth Perry
Susan Pfeifer
Bridget and Ed Philipp
Harriet Plavoukos
David Prill
Prudential Foundation
Penny and Dan Rashin
Brian Regan

Mrs. Ward Reighley
Julie and George Russell
Mr. and Mrs. Sanjit Shah
Gabrielle Shanin
Simply Delicious Catering
Mr. and Mrs. Elliott H. Sisson
Mr. and Mrs. Scott Smith
The Walter Stewart Company
UBS
John Waldron
Mr. and Mrs. Wilson Warren
Brian West
Lisa & Mark Wolff
Mr. and Mrs. Peter R. Ziesing

ALL TOGETHER BETTER:
Our Y’s Aquianas Synchronized Swimming Team builds self-esteem and fosters teamwork among 102 girls. Two of our graduating seniors will be competing in college, and one team member was named to the Senior National Team.
This past year, 1,070 preschool and school-age children were enrolled in our instructional aquatic programs, which provide valuable swimming and water safety skills, as well as promote good health through regular exercise.
Our donors made it possible for 112 kids to have a summer to remember at camp who may not have had the chance to do so without our help. In 2012, we granted more than $112,000 in summer camp scholarships.

REACHING NEW HEIGHTS:
Our Y’s Whirlwind Diving Team enabled 141 young athletes to set personal goals learn self-discipline through competing in this sport. Three graduating seniors will continue diving in college.
MAKING MEMORIES TOGETHER:
Bringing families together is at the heart of all we do. Our Y-Guide and Princess program helps 700 dads and their kids build stronger family connections through recreational activities and weekend outings.

Mr. and Mrs. Ivan Radoslavov
Michael Rafferty
Gregory Raho
Mr. and Mrs. Mark Rajkowski
Kelly Ratner

James Seymour
Lisa Shanahan
James Shannon
Larry Shapiro
Dr. Richard Sheinbaum
Deborah Shields Runestad
Tynia Shoulars
Mr. and Mrs. John Silk
Robert Silvan
Heidi and Mark Silverstein
Mr. and Mrs. Douglas Simpson
Sandra Simpson
McKelden & Diana Smith
Mr. and Mrs. Hunter Smith
Sunny Sohn
Eugenia Solache
Lisa Sollerud
Joseph Somma, Jr.
Mr. and Mrs. Daniel Sontupe
Debra Sourby
Julie Spindel
Tanya Stack
Mr. and Mrs. William Steinberg
Michael Stevens
Andre Stweart
Mr. and Mrs. Charles Stine
Radford Stone
Steven Sturm
Nicole Suitor
Carol Sung
Amanda Sutton
Sarah Sykes
Maria Tabascheck
Barbara Tarrant
Ralph Taylor
Kellen Tensen

Mr. and Mrs. Eric Thunem
Mr. and Mrs. James Tierney
Edward Toole
Mr. and Mrs. Dee Trussell
Mr. and Mrs. Julian Twombly
James Ughetta
United Way of Coastal Fairfield County
United Way of the National Capitol Area
USA Diving
Elaine Vagnone
Lynn Vaughan
Salvatore Verrastro
Jeb Walker
Suzanne Wall
Ryan Walsh
Ella Weber
Mr. and Mrs. Adam Weiss
Wells Fargo Community Support Campaign
White Mountains Capital
Angela Whitney
Kevin Wilder
Mr. and Mrs. Dudley Williams
Martha Williams
Andrew Wodjula
Jason and Allison Wolter
Worry Free Labs
Cynthia Wright
Pam & Dixon Yee
Kenneth Young
Mr. and Mrs. Victor Zackay
Luke Zegibe
Aaron Zimmerman

Tom Murphy
Linda Muscolino
Maryann Musilli-Moore
Mr. and Mrs. David Musto
Jennifer Muzyk
Harry Nair
New Canaan Police Benevolent Association
Margaret Nielsen
Nutrition Without Borders
Suzan Obernier
Mr. and Mrs. Richard Oehmler
Mr. and Mrs. Brendan O’Halloran
Kenna Olson
Robert O’Neill
Mr. and Mrs. Janusz Ordover
Shirley Ottenstein
Jacquelyn Ouelette
The Overlander Family
Avery Owens
Jason Paige
Tamara Pardo
Michael Parent
Lavinia Paschkes
Antionette Pasqua
Beth & Gregory Pepe
Lisa Perone
Anita Peters
Eric & Betty Petschek
Michael & Elyse Pitts
Blanche Powell
Wayne Powlless
Ronald & Mary Pressman
Trang Price
Carol Privette
Robert Quigley
Richard Quintinal

THE Y. WE’RE SO MUCH MORE
At the Y, no child, family, or adult is turned away for financial reasons. In 2012, we awarded more than $121,800 in membership assistance to 260 individuals in financial need.
THE NEW CANAAN COMMUNITY YMCA
STATEMENT OF FINANCIAL POSITION:
DECEMBER 31, 2012 AND 2011

<table>
<thead>
<tr>
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<th>2012</th>
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<tbody>
<tr>
<td><strong>ASSETS</strong></td>
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<tr>
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<td>Investment in real estate</td>
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<td>530,000</td>
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<tr>
<td>Total Assets</td>
<td>$ 18,458,579</td>
<td>$ 14,658,507</td>
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| **LIABILITIES**           |                 |                 |
| Accounts payable and accrued expenses | $ 300,642 | $ 285,571 |
| Deferred membership and program fees | 624,006 | 727,563 |
| Notes payable             | 2,328,628      | 2,399,437      |
| Total Liabilities         | 3,253,276      | 3,412,571      |

| **NET ASSETS**            |                 |                 |
| Unrestricted:             |                 |                 |
| Designated for endowment  | 203,012         | 143,185         |
| Designated for real estate| 530,000         | 530,000         |
| Designated for capital reserve | 5,575,554 | 2,389,801 |
| Undesignated              | 4,497,781       | 7,731,122       |
| Total unrestricted        | 10,806,347      | 10,794,108      |
| Temporarily restricted     | 4,398,956       | 451,828         |
| Total Net Assets          | 15,205,303      | 11,245,936      |

**TOTAL LIABILITIES AND NET ASSETS**
$18,458,579                  $14,658,507
NEW CANAAN COMMUNITY YMCA
564 South Avenue
New Canaan, CT  06840
www.newcanaanymca.org

BOARD OF DIRECTORS
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