



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GET READY FOR THIS SUMMER TO SAVE A LIFE

Winter/Spring 2015 Lifeguarding Courses NEW CANAAN YMCA

January/February Weekend Lifeguard Course – 3 weekend course (6 days)

Saturday January 31, February 17, 24; Sunday February 1, 8, 15
Saturdays 2:30pm-6:30pm
Sundays 12:00-5:00pm

March Weekend Lifeguard Course – 3 Weekends (6 days)

Saturday March 7, 14, 21; Sunday March 8, 15, 22
Saturdays 2:30-6:30pm
Sundays 12:00-5:00pm

Spring Tuesday Evening Lifeguard course

8 weeks; March 17, 24, 31, April 14, 21, 28, May 5, 12
6:00-9:30pm

April/May Lifeguard Course – 3 Weekends (6 days)

Saturday April 18, 25, May 2; Sunday April 19, 26, May 3
Saturdays 2:30-6:30pm
Sundays 12:00-5:00pm

Additional Course information:

Lifeguard/First Aid,
CPR/AED for the Professional Rescuer Certifications
\$475 For the Full Course ~same fee for members and non-members
Minimum of 4 participants for course to run with maximum of 10
Age requirement: 15 years and older
Course is pass/fail

For additional
information,
contact Josephine
Rojas 203-966-
4528, ext. 169

A Water Pre-Test will be held the first class. Anyone not passing the Pre-test will be refunded the course fee minus \$25 for pre-test plus \$15 service charge. If any course materials are taken will be charged accordingly.

All course materials included; Participants must bring the following Items to class:
Bathing suit, towel, notebook, pen or pencil, bag lunch and beverage.

Cancellation of this course must be done 2 weeks prior to the start of the course to receive a full refund minus a \$15 service charge.