



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# REVIEW YOUR SKILLS TO SAVE A LIFE THIS SPRING 2015

Spring Lifeguard Review Courses, CPR/AED for the  
Professional Rescuer Review, Waterfront Lifeguard Training  
NEW CANAAN YMCA

Lifeguard Review Course #1

Sunday April 26th

9am-5pm

\$275 For the Full Course ~same fee for members and non-members

Lifeguard Review Course #2

Sunday May 10th

10:30-5:00pm

\$275 For the Full Course ~same fee for members and non-members

Lifeguard Review Course #3

Monday May 18 and Wednesday May 20

6:00-10:00pm

\$275 For the Full Course ~same fee for members and non-members

CPR/AED for the Professional Rescuer Review Course

Saturday May 9th

2:30-6:30pm

\$100 For the Full Course ~same fee for members and non-members

Waterfront Lifeguard Training

Saturday May 9th

9:00am-1:00pm

\$175 For the Full Course ~same fee for members and non-members

Additional Course information:

Minimum of 4 participants for course to run with maximum of 10

Age requirement: 15 years and older. These courses are pass/fail and are intended for individuals who are certified lifeguards and need to recertify before expiring. Must have a current valid Red Cross certification to participate in the Waterfront Lifeguard Training.

Participants must bring the following items to class:

Pocket mask, Bathing suit, towel, notebook, pen or pencil, bag lunch/snack and beverage.

Cancellation of any of the above courses must be done 2 weeks prior to the start of the course to receive a full refund minus a \$15 service charge.

For additional  
information,  
contact Josephine  
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4528, ext. 169