

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WHERE THE COMMUNITY COMES TOGETHER



NEW CANAAN YMCAAnnual Report 2014

The Y. We're so much more.™



MISSION IN ACTION

Highlights from 2014

- Our 2014 Annual Support Campaign, under the leadership of Kevin Cowser, Pam Norton, and Rick Routhier, enabled us to provide the equivalent of nearly \$400,000 in financial assistance, ensuring that no is ever turned away from maintaining a healthy lifestyle at the Y.
- Our 16th annual golf outing at the Country Club of Fairfield, chaired by Chris Pohle and Rick Selvala raised over \$70,000 to support our Special Needs department.
- Throughout the year, over 2,500 individuals came togther with their families to enjoy fun, special events such as Family Dinner Night, the Y's 60th Birthday Bash holiday parties, and our annual family circus.
- Our special needs department continues to work to ensure everybody feels welcome at our Y. In 2014, over 100 individuals with special needs participated in programs and events at the Y. Thanks to funds raised through our Annual Support Campaign and the annual charity golf outing, support staff is offered to these individuals at no additional cost.
- Approximately 1,500 kids developed skills, focus, and self-confidence while participating in our youth recreational basketball league or competing on our competitive swimming, diving, or synchronized swimming teams.

- In 2014, over 150 families looked to the Y's full-day childcare, preschool, and after-school childcare programs to provide a safe and nurturing envronment for their children.
- The Y is committed to helping our members and the community maintain a healthy lifestyle.
 People of all ages are improving their well-being through the programs and resoures at the Y.
- In 2014, the Y partnered with Stamford Hospital to offer 10 health lectures, all free and open to the community. Over 130 participants attended these events.
- 2014 marked our second year offering the LIVESTRONG at the YMCA cancer wellness program. This 12-week program is available to any cancer survivor within our community at no cost.
- 2014 featured our eighth year in partnership with Facing the Future, a child development facility in Kibera, Kenya. With the help of generous donors, we provided over \$33,000 to this initative and were able to provide school supplies and two meals a day to approximately 300 children in need.

FOR YOUTH DEVELOPMENT

Nurturing the potential of every child and teen

We believe that all kids deserve the opportunity to discover who they are and what they can achieve under the guidance of adults who care about them.

In 2014:

- Over 150 families belong to the Y's childcare community. Through full-day full-day childcare, preschool, and after-school childcare programs, the Y creates a safe and nurturing place for children to learn, discover, and grow.
- In 2014, all three childcare programs continued their implementation of the national HEPA (Healthy Eating & Physical Activity) standards, teaching and promoting a love for healthy living.
- OVer 150 children participated in the Y's school vacation camp program, which provides a fun childcare option for families on days on school vacation days.
- More than 550 children grew and made friends and lasting memories at summer camp. Approximately 45 campers were children with special needs, making our camps an inclusive and enriching experience for all.
- Through the Y's recreational sports programs and leagues, approximately 1,500 children developed a love for sports, while building a sense of confidence and teamwork.

- Each month, an average of 50 middle schoolers take over the Y at Middle School Madness, enjoying safe, recreational activities with friends.
- Nearly 400 young athletes participated in the Y's three competitive aquatics teams including swimming, diving, and synchronized swimming, developing goal setting, leadership, time management, and self-confidence.
- The New Canaan YMCA is the sponsor for Girls on the Run Fairfield County, a program for girls ages 8-13 that encourages self-respect and healthy living. In 2014, the program grew to 12 school districts in Fairfield County and 300 participants.
- In 2014, nearly 750 children (including aquatic therapy for nearly 30 children with special needs) learned to become safer and more confident in the water through swim lessons.











In 2014, 150 pre-teens, teens, and young adults developed leadership skills and received one of their first work experiences. Whether a camp counselor or counselor-in-training, all became role models.

FOR HEALTHY LIVING

Improving the nation's health and well-being

With a mission centered on balance, the Y brings families closer together, encourages good health, fosters connections through fitness, sports, fun, and shared interests.

In 2014:

- Throughout the year, over 2,500 individuals and their families took a break from their busy schedules to enjoy time together at one of the Y's special events. The Y fosters family togetherness through free community events like Family Dinner Night, Holiday parties, the Y's 60th Birthday Bash, and the annual family circus.
- The Y continues to serve as a community resource dedicated to promoting wellness and disease prevention among people of all ages and abilities. From cardio and strength building classes, to mind-body and nutrition programs, everybody is welcome at the Y as they work toward maintaining a healthy lifestyle.
- Over 800 seniors in our community come to the Y to stay active, healthy, and connected.
- In collaboration with Stamford Hospital, the Y
 offered ten lectures, each providing information
 on a different health topic, empowering
 attendees with knowledge. These lectures were
 free and open to the entire community.

- Each week, the Y offers approximately 40 hours of open swimming, open gym, classes, and activities for families to have fun while staying active together.
- Over100 children participated in the Y's Families In Training (F.I.T.) program. Once completed, participants can workout at the Y with their parents, encouraging families to stay active and healthy together.
- In 2014, the Y ran three LIVESTRONG at the YMCA programs, serving nearly 20 community members who are cancer survivors. This program is available to any cancer survivor at no cost.
- Beginning in 2014, the Y serves as the home for a local Parkinsons Support Group, supporting over 40 individuals.
- Nearly 500 fathers and children strengthened their relationship and made lasting memories through the Y Guide and Princess program in 2014.











In 2014, the Y launched the Y Tri Club. The program is geared toward providing the support and motivation to help individuals accomplish their goal of completing a multi-sport event— whether for the first time, or working on improving technique and speed.

FOR SOCIAL RESPONSIBILITY

Giving back and providing support to our neighbors

With a mission centered on balance, the Y brings families closer together, encourages good health, fosters connections through fitness, sports, fun, and shared interests.

In 2014:

- Through donations to the Y's Annual Support Campaign, nearly \$400,000 in financial assistance was provided ensuring that no one is ever turned away from the youth development and healthy living resources at the Y.
- In 2014, over 100 individuals with special needs participated in programs and events at the Y. Thanks to funds raised through our Annual Support Campaign and the annual charity golf outing, support staff is offered to these individuals at no additional cost.
- As a community partner, the Y works with many other community organizations including serving as the home pool for the New Canaan High School swimming and diving teams, a resource for New Canaan sports organizations, and a site for the New Canaan Public School's transition porgram.

- To help build a stronger community, the Y offers use of our facility at no charge to local nonprofits including: South Avenue Cottage, ABC House, A-Home, Boy Scouts and Girl Scouts, and the Homeschool Cooperative.
- The Y is proudly in its eighth year of partnership with Facing the Future, a child development center in the Kenyan slum of Kibera. Nearly 300 needy children currently attend the center receiving two meals a day, education, hygiene, and medical attention. Through gifts to the Y's Annual Support Campaign, the Y has been able to support FAFU in becoming a stronge resource each year for the children of Kibera.
- The Y provides members with the opportunity to give back to our community. In 2014, nearly 1,000 individuals volunteered over 14,500 hours at the Y, helping to provide services to the community, and engage in philanthropy.











In 2014, the New Canaan YMCA was accepted by Y-USA to be one of the first to participate in Togetherhood. This committee is member led and selects service projects throughout the year to engage with fellow members, providing the opportunity to give back.

2014 Annual Campaign Supporters

When you give to the New Canaan YMCA, your strengthen our community. Gifts to the Annual Support Campaign, Annual Charity Golf Outing, and Circus help the Y fulfill our charitable mission of serving the community through youth development, healthy living and social responsibility.

\$50,000+ Anita and G. Thomas Hargrove

\$25,000-\$49,999Kathy and Peter Skaperdas

\$10,000-\$24,999
Kristen and Johan Eveland
Jennifer and James Forese
Sue and David Squier
Kathleen and Kenneth Tropin

\$5,000-\$9,999

ACCO Brands Corporation
Laura and John Barker
The Cioffi Family
Mimi Conway
Gary Conway
The Arnold and Douglas Karp
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Navesink River Group Fund at the
New York Community Trust
Nielsen Company
Liza and Chris Pohle
TD Charitable Foundation
Nielsen Company

\$2,500-\$4,999
AP Construction Company
Kristi and Chris Boehmcke
Gina and Bart Breakstone
Lynn & Najib Canaan
The Church Family

Dona M. Bissonnette and Timothy J. Curt Finn Dixon & Herling, LLP Harvest Volatility Management Jane and Brian Hetherington Jeffrey and Michele Jacob Denis and Jennifer LaPolice Joy C. Luke The McEntire Family Jennifer and Jack Murphy Pine River Capital Management Richard and Maureen Sabo Eileen & Dennis Schaney Carolyn and Chris Susanin Kathryn and David Tohir Tuesday's Children DBA Newtown Resiliency Center William Pitt Foundation Alicia and Bob Wyckoff YMCA of the USA

\$1,000-\$2,499

Anonymous
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Bruce Benedict
Julie and Peter Bostwick
Jean and Scott Bridge Foundation
Susan and Bill Brock
Cecilia and Richard Canning
Citizens Bank
Coach Matching Gift Program
Linus Cooke
Julie and Andrew Deery

Fitness Odyssey Events for Charity Tim Grozier Olga and Tom Haack Clare and Chris Hughes Sarah Kahn and Rick Routhier Karl Chevorlet-Hummer Daniel and Leah Kittredge Kiwanis Club of New Canaan Bonnie Knight Jason and Janie Konidaris Mr. and Mrs. Charles P. Kontulis Ed and Betsy LeGard Kay and Chris Linneman Julie and Bo Marcus Tracy and Joseph Merrill Maryam & Howard Newman Pam and David Norton Anthony and Kristin Noto Ocean Partners Craig and Judi Panzano Prudential Foundation Matching Gifts Program Deidre and Mark Rajkowski Jane and Mark Schoenholtz Kristin and Rick Selvala Gabrielle Shanin Jeanie and Jeff Shaw Akiko & Barry Silver Pam and Mark Silverman Paula and Stan Sokolowski Joseph and Kathleen Sweeney Levon and Evelina Tchakmakjian

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& Petersburg
United Way of New York City
Wil and Emily Warren
Steve and Ann Wronski
Clifton York

\$500-\$999

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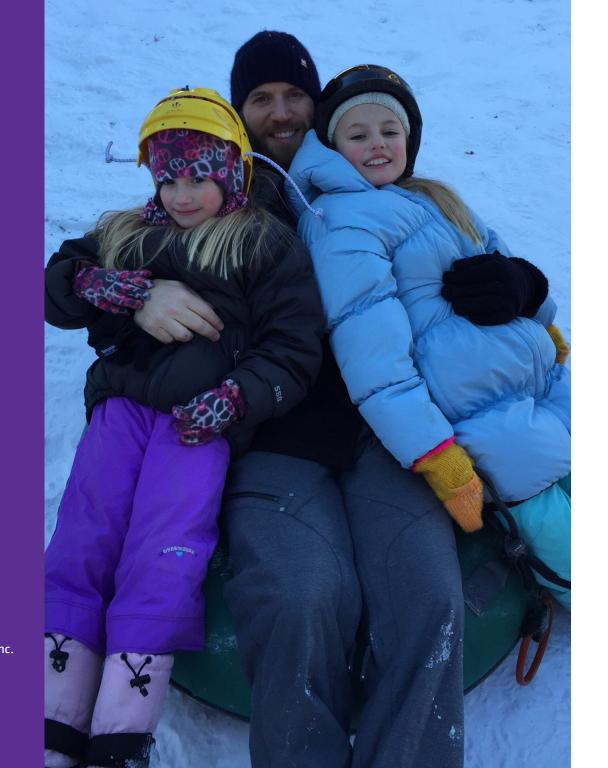
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*List reflects non-capital campaign contributions to the Annual Support Campaign, Annual Charity Golf Tournament, Annual Circus, and miscellaneous contributions January 1, 2014 through December 31, 2014.

NEW CANAAN YMCA ENDOWMENT SUPPORTERS

Estate of Florence Adams Michael D. Allen and Family Mr. & Mrs. Cyrus Anfindsen **Buck Balkind** Patricia & George Benington Erica Bergmans Nancy & Donald Bouloukos Estate of Robert C. Brand Susan & Bill Brock Pauline & Adrian Brody Sue & Reid Campbell The Church Family Kathleen & Randy Corbet Laura & Craig Costigan Kennon Jayne Susan & Timothy Jensen Sarah Kahn & Rick Routhier Holly & William Kennedy Brett & Mark Kristoff Eugenia & Robert Labbancz Lori & James Marcus Bo & Julie Marcus Carol E. Matousek The McCurdy Family Maryam & Howard Newman Beth & Gregory Pepe Amy Reid Mr. & Mrs. Richard Sainburg Pat & Joe Schubert Diane and Spiros Segalas Susan and Eric Sheinberg Kathy and Peter Skaperdas Success Printing and Mailing Inc. Carol and Jean-Paul Valles Pam & Dixon Yee



THE NEW CANAAN COMMUNITY YMCA STATEMENT OF FINANCIAL POSITION: DECEMBER 31, 2014 AND 2013

DECEMBER 31, 2014 AND 2013	2014	<u>2013</u>
ACCETC	2014	2015
ASSETS		
Cash and cash equivalents	\$6,534,201	\$ 3,854,551
Investments	271,821	247,265
Accounts receivable	28.228	48,736
Pledges receivable, net	2,930,426	3,825,369
Prepaid expenses	84,340	35,398
Land, buildings and equipment	12,577,045	12,229,398
Investment in real estate	<u>530,000</u>	530,000
Total Assets	<u>\$22,956,061</u>	<u>\$ 20,770,717</u>
LIABILITIES AND NET ASSETS		
Liabilities		
Accounts payable and accrued expenses	\$618,709	\$585,166
Deferred membership and program fees	476,115	530,739
Note payable	2,177,674	<u>2,254,661</u>
Total liabilities	3,272,498	3,370,566
Net Assets		
Unrestricted:		
Designated for endowment	271,821	247,265
Designated for real estate	530,000	530,000
Undesignated	10,025,592	10,030,991
Total unrestricted	10,827,413	10,808,256
Temporarily restricted	<u>8,856,150</u>	<u>6,591,895</u>
Total net assets	<u>19,683,563</u>	<u>17,400,151</u>
Total Liabilities and Net Assets	<u>\$22,956,061</u>	\$ 20,770,717



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