



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WHERE THE COMMUNITY COMES TOGETHER



NEW CANAAN YMCA
Annual Report 2015

The Y. For a better us.™



MISSION IN ACTION

Highlights from 2015

- Our 2015 Annual Support Campaign, under the leadership of Kevin Cowser, Pam Norton, and Rick Routhier, enabled us to provide the equivalent of nearly \$300,000 in financial assistance, ensuring that no one is ever turned away from maintaining a healthy lifestyle at the Y.
- Our 19th annual golf outing at the Country Club of Fairfield, chaired by Chris Pohle and Rick Selvala raised over \$80,000 to support our Special Needs department.
- 2015 marked our third year offering the LIVESTRONG at the YMCA cancer wellness program. This 12-week program is available to any cancer survivor within our community at no cost.
- Throughout the year, over 2,000 individuals came together with their families to enjoy fun, special events such as Family Dinner Night, the Y's Family Mud Run, our Halloween Party, and our annual family circus.
- Our special needs department continues to work to ensure everybody feels welcome at our Y. In 2015, over 100 individuals with special needs participated in programs and events at the Y. Thanks to funds raised through our Annual Support Campaign and the annual charity golf outing, support staff is offered to these individuals at no additional cost.
- In 2015, the Y partnered with Stamford Health to improve the health and well-being of our community through an on-site Wellness Nurse Coordinator and physical therapy.
- Over 1,600 kids developed skills, focus, and self-confidence while participating in our youth recreational basketball league or competing on our competitive swimming, diving, or synchronized swimming teams.
- In 2015, over 150 families looked to the Y's full-day childcare, preschool, and after-school childcare programs to provide a safe and nurturing environment for their children.
- The Y is committed to helping our members and the community maintain a healthy lifestyle. People of all ages are improving their well-being through the programs and resources at the Y.
- 2015 featured our ninth year in partnership with Facing the Future, a child development facility in Kibera, Kenya. With the help of generous donors, we are able to provide school supplies and two meals a day to approximately 300 children in need. Last year, Facing the Future grew to serve eighth grade and achieved a near 100 percent student passing rate of the Kenya high school entrance exam, with nearly one half the students achieving "elite scores".

FOR YOUTH DEVELOPMENT

Nurturing the potential of every child and teen

We believe that all kids deserve the opportunity to discover who they are and what they can achieve under the guidance of adults who care about them.

In 2015:

- Over 150 families belong to the Y's childcare community. Through full-day childcare/preschool and after-school childcare programs, the Y creates a safe and nurturing place for children to learn, discover, and grow.
- Over 120 children participated in the Y's school vacation camp program, which provides a fun childcare option for families on school vacation days.
- Nearly 600 children grew and made friends and lasting memories at summer camp. Over 40 campers were children with special needs, making our camps an inclusive and enriching experience for all.
- In 2015, 165 pre-teens, teens, and young adults developed leadership skills and received one of their first work experiences at our summer camps. Whether a camp counselor or counselor-in-training, all became role models.
- In 2015, nearly 725 children learned to become safer and more confident in the water through swim lessons.
- Through the Y's recreational sports programs and leagues, approximately 1,500 children developed a love for sports, while building a sense of confidence and teamwork.
- The Y continues to serve as a place for fun and safe out-of-school activity for middle schoolers and teens through activities like Middle School Madness, open gym, archery, sports clinics, and more.
- Over 450 young athletes participated in the Y's three competitive aquatics teams including swimming, diving, and synchronized swimming, developing goal setting, leadership, time management, and self-confidence.
- In 2015, the Y launched a partnership with Parisi Speed School. Approximately 120 kids ages 7 and older participated in its first year at the Y, enjoying a positive training experience that improves speed of movement and strength in character regardless of ability.





The New Canaan YMCA is the proud host for Girls on the Run Fairfield County, a program for girls ages 8-13 that encourages self-respect and healthy living. in 2015, Girls on the Run served over 400 girls in 14 school districts throughout Fairfield County.

FOR HEALTHY LIVING

Improving the nation's health and well-being

With a mission centered on balance, the Y brings families closer together, encourages good health, fosters connections through fitness, sports, fun, and shared interests.

In 2015:

- The Y continues to serve as a community resource dedicated to promoting wellness and disease prevention among people of all ages and abilities. From cardio and strength building classes, to mind-body and nutrition programs, everybody is welcome at the Y as they work toward maintaining a healthy lifestyle.
- 850 seniors in our community come to the Y to stay active, healthy, and connected.
- Throughout the year, over 2,000 individuals and their families took a break from their busy schedules to enjoy time together at one of the Y's special events. The Y fosters family togetherness through community events like Family Dinner Night, the Halloween Party, and the annual family circus.
- In collaboration with Stamford Health, the Y hosted ten lectures, each providing information on a different health topic, empowering attendees with knowledge. These lectures were free and open to the entire community.
- Nearly 100 children participated in the Y's Families In Training (F.I.T.) program. Once completed, participants can workout at the Y with their parents, encouraging families to stay active and healthy together.
- For the second year, the Y has served as the home for a local Parkinsons Support Group, supporting over 80 individuals.
- Over 500 fathers and children strengthened their relationship and made lasting memories through the Y Guide and Princess program in 2015.
- In 2015, the Y partnered with Stamford Health to help support the health and well-being needs of our community through the introduction of an on-site Wellness Nurse Coordinator and physical therapy services.





In 2015, the Y ran three LIVESTRONG at the YMCA programs, serving 20 community members who are cancer survivors. This program is available to any cancer survivor at no cost.

FOR SOCIAL RESPONSIBILITY

Giving back and providing support to our neighbors

Since 1954, we have been listening and responding to the needs of our community through education, training, motivation or support. Whether it's building a healthier community at home, or reaching across borders through our World Service Initiative, we are there to help others.

In 2015:

- Through donations to the Y's Annual Support Campaign, over \$300,000 in financial assistance was provided ensuring that no one is ever turned away from the youth development and healthy living resources at the Y.
- As a community partner, the Y works with many other community organizations including serving as the home pool for the New Canaan High School swimming and diving teams, a resource for New Canaan sports organizations, and a site for the New Canaan Public School's transition program.
- To help build a stronger community, the Y offers use of our facility at no charge to local non-profits including: South Avenue Cottage, ABC House, A-Home, Boy Scouts and Girl Scouts, and the Homeschool Cooperative.
- In 2015, 875 individuals volunteered over 15,000 hours at the Y, helping to provide services to the community, and engage in philanthropy.
- The Y's Togetherhood volunteer committee provides members the opportunity to give back to those in need. Togetherhood hosted four community projects in 2015, including a shoe drive, breakfast run to NYC, and serving meals at a nearby homeless shelter.
- The Y is proudly in our ninth year of partnership with Facing the Future, a child development center in the Kenyan slum of Kibera. Nearly 300 needy children currently attend the center receiving two meals a day, education, hygiene, and medical attention. Last year, Facing the Future grew to serve eighth grade and achieved a near 100 percent student passing rate of the Kenya high school entrance exam, with nearly one half the students achieving "elite scores".





The Y's special needs department continues to thrive as a community resource. Serving over 100 children, teens, and young adults with special needs and their families, the Y offered over 50 specialized programs in 2015, plus one-on-one support allowing children with special needs to participate in traditional Y programs at no additional cost.

2015 Supporters

When you give to the New Canaan YMCA, you strengthen our community. Gifts to the Annual Support Campaign, Annual Charity Golf Outing, and community event sponsorship help the Y fulfill our charitable mission of serving the community through youth development, healthy living and social responsibility.

\$50,000+

Tom Hargrove and Anita Grover, MD

\$25,000-\$49,999

Anonymous

Kathy and Peter Skaperdas

\$10,000-\$24,999

Stamford Health

Kathleen and Kenneth Tropin

\$5,000-\$9,999

Anonymous

The Cioffi Family

Leah and Robert Ericson

Kristen and Johan Eveland

Glenn Houck

New York Community Trust

Nielsen Company

Liza and Chris Pohle

The SLAM Collaborative

Wil and Emily Warren

\$2,500-\$4,999

AP Construction Company

Baird

Bankwell of New Canaan

Amy and James Bennett

The Charlton Family

The Church Family

Monica and Frank Granito

Harvest Volatility Management

Jane and Brian Hetherington

The Arnold and Douglas Karp Families

Joy C. Luke

Malott Family Foundation

Jennifer and Jack Murphy

Oxygen Fitness

Mark and Deirdre Rajkowski

Brian Regan

Richard and Maureen Sabo

Eileen and Dennis Schaney

Kristin and Rick Selvala

Keith and Janet Sherin

The Walter C. Klein Foundation, Inc.

Kathryn and David Tohir

Town of New Canaan

Alicia and Bob Wyckoff

\$1,000-\$2,499

Anonymous

Jeff and Jeanne Altman

Constance and Andrew Ashforth

Athleta

Susan and Bill Brock

Lynn & Najib Canaan

Dionna and David Carlson

Crystal & Company

Exchange Club of New Canaan

Erin Brennan Gutelius

Olga and Tom Haack

Clare and Chris Hughes

Karl Chevrolet

Haik and Lynn Kavookjian

Daniel and Leah Kittredge

Kiwanis Club of New Canaan

Bonnie Knight

John and Anne-Marie Knight

Mr. and Mrs. Charles P. Kontulis

Rick Krug

Suzanne and Douglas Lake

Ed and Betsy LeGard

Kay and Chris Linneman

Natalie and Frank Lyon

Bo and Julie Marcus

Evelyn and Marty McLaughlin

Tracy and Joseph Merrill

Jeremiah Miller

Pam and David Norton

Ocean Partners

Chris and M.E. O'Connor

Judi & Craig Panzano

Janet and David Prill

Prudential Foundation Matching Gifts Program

Patricia Reighley

Victoria and Thomas Reynolds

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Brian Schwartz

Gabrielle Shanin

Akiko and Barry Silver

Pam and Mark Silverman

Stonyfield Farm, Inc.

Carolyn and Chris Susanin

Linda and Julian Twombly

William H. Pitt Foundation

\$500-\$999

Melanie and Scott Barnard

Jackie Capra

Joann Cerretani

A.J. and Amy Cowser

Connecticut Down Syndrome Congress

Kevin Cowser

Christine and Fred Crawford

Julie and Andrew Deery

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Hoyt Livery

IBM Corporation

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Susan and Lawrence Kessler
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Morgan Stanley
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New Canaan Old Timers Association
New Canaan Sewing Group
Maria Olivo
Susan K. Pfeifer
Bridget and Ed Philipp
Gigi and David Priebe
Mr. and Mrs. Elliott H. Sisson
TOGS
YMCA of Greenwich
Mr. and Mrs. Peter R. Ziesing

\$499 and under

Anonymous (5)
Nicole Abate
Joseph Adiletta
Bette Albaz
Courtney Aleardi
Gilbert Alexandre
Gail Allen
Vincent Altamura
American Express Company
Eileen Anderson
Carol and Maurice Antrum
Jonathan and Lise Arnold
AT&T United Way Employee Giving Campaign
Avon Products Foundation, Inc.
Karen Babrowicz
Buck and Leslie Balkind
Althea Bardin
Kristina and Neal Barrett
Patricia Barcello
Yolande and Robert Bel Bruno
Cynthia Pierce Belak
Trina Bennett
Erica Bergmans
Robin Biasotti
Richard Bierman
Elise Bihl
Peter and Samara Bilden
Susan Blabey

John Blumenthal
Tina Boccamazzo
Emily Bova
Griffin Bramwit
Pauline & Adrian Brody
Ginger Booker
Sonya Brown
Tina Brown
Erin Bucci
Paul Burke
Petra Cacic
Patrick and Linda Cahill
Alyssa and Jonothan Calvey
Mollie Calzone
Sue and Reid Campbell
Sally and Kim Campbell
Jacqueline Capra
Brendan Carney
Martha and James Caron
Donna Carpenter
The Castellanos Family
John and Nancy Cavanaugh
Davie Cedela
Noel and Joan Cernigila
Katharine T. Cerow
Nicholas Chandra
Emma Cheung
Dante Chicatell
Cathy Chuzas
Ann Clinchy
Lyla Cody
Matthew Cody
Mary Coleman
Judy Collins
Martha and William Connolly
Mike Costa
Ashley Coutermash
Crisp Family Foundation
Mary and Mark Cuoco
Matthew Daddona
Jason Dahl
Kleanthia Damis
Patricia Dattilo
Catherine L. Daubek
Dylan Degaetano
Michael J. DeLeonardis
Amy and Nick DiCarlo
Mary and Bruno DiCosmo
Anna Dietrich
Kathy Dixon
Eliza Donovan
Julia and Daniel Douglas
Christopher Douglass
Carol and Richard Dowd
Mike Doyle
Reyn DuPont
Kristina Dyrvik
Denzel Dy
Laura Edmonds
Devon Eleck
Maria Emanuel
Anders Erikson
Caroleigh and Edwin Evarts
ExxonMobil Foundation, Inc.
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Aracely Feighery
Michael Ferraro
Leslie Figueiroa
Theresa Finnegan
Anne Finneson
Sarina Fiorita
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Martha and Alan Fleischer
Nancy Follis
Paul and Christy Fowler
Scott Fuller
Jennifer and Robert Gallois
Christina Garcia
Estevan Garcia
GE Foundation
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Anne Gilhuly
Ann and William Gillerlain
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Duke Girondo
Jim and Linda Glowienka
Andrew and Kimberly Gluck
Susan Gold
Heather and Michael Goldberg
Goldman Sachs Matching Gift Program
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Frances Goulart
Tracey and Jeffrey Gould
Julianne and Dan Grace
Hank and Diane Green
Donald Grunewald
Jim and Jennifer Hall

Rose Lee and Charles Halper
Jean and Hugh Halsell
Tyson Hammer
Kelly and Terry Hanratty
Nick Harris
Kelly and Grant Harshbarger
Judith Havard
Joan Hayenga
Todd Healy
James Hedlund
John Herbst
Walter Herbst
Debora Herdic
Stephen Hewitt
Mary Higgins & Family
Ryan Higgins
Donna and David Hill
Hazel and Michael Hobbs
Linda Hockstein
Zara Hoffine
Sandra and Robert Hogan
Elizabeth Hogan
Ann Holford
Lily Horine
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Elizabeth and Mark Hudson
Charlotte Huetter
Sara and David Hunt
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Carolynn Kaufman
Garrett Kaufman
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Meryl Kiniry
Henry King
John Kingman
Arthur Kirsch
George and Karen Kolltides

Emma Kong
Jason and Janie Konidaris
Bruce and Ellen Kramer
Jennifer Kriewald
Kimberly Kristof
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Karen Linci
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Pam and Attila Libertiny
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Michael Lockhart
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Ida and Richard Luppинacci
Darren Lyons
Andy MacDowell
Nigel and Judy MacEwan
Richard Mack
Ryan McLallen
Stephen Mainzer
Virginia W. Marion
Laura and James Mase
Catherine Matsuyama
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Marcia and A. Bliss McCrum
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Kathleen and Scott McLallen
Kevin McMahon
Tracy and Sean McManus
Thomas and Constance McManus
Kassie and David Means
Suzanne and George Megrue
Sonia Mercado-Jimenez
Christine and Peter Milano
Wendy H. Miller
Jessica Milsom
Tracey Minter
Stuart and Bonnie Minsky
Doris M. Molinari
Cindy and Keith Morris
Michael Morris
Katherine Morrissey
Naki Mourtides
Karen Muney
Tucker and John Murphy
Tom Murphy
Linda Muscolino

Pauline and David Musto
Jennifer Muzyk
New Canaan Olive Oil
Adelynne Noone
Norwalk Oral & Maxillofacial Surgery,
LLC
Jack Nowell
Matt Nussbaum
Jeremy Oades
Mikayla O'Connor
Robert Macintire and Miriam Oh
Nelson Oliveira
Owen O'Reilly
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Melvin Pagan
Linda Parentice
Lavinia Paschkes
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Rebecca Riolo
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Kimberly Rojas
Josephine J. Rojas
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Sari Rosenberg
Laura Ryan
Olivia Sabo
Eva Saint
Joseph Salvia
Josefina Santos

Shelley Sanzo
Jeremy and Margaret Saunders
Ipek Savasoglu
Nicoline and Stuart Sawabini
Emma Scalero
Jolene Scheel
Steve and Elena Schlegel
Kristen and Joseph A. Schlim
Pat and Joe Schubert
Darcy Scott
Lynda Scott
Suzanne and Harold Scutt
Lauren Secko
Drew Shoemaker
Raymond and Susan Shu
Alexandra Sieghart
John and Janet Silk
Silver Hill Hospital, Inc.
Simply Delicious Catering
Debbie and Douglas Simpson
Barbara and Karl Singer
Sonia Skindrud
Hunter and Marcia Smith
Chloe Smith
Courtney Smith
Kevin Smith
Sunny Sohn
Mark Spellman
Tanya Stack
Thomas and Janet Stadler
William and Olga Steinberg
Michael and Leila Stevens
Laurie and Charles Stine
George Sullivan
Christopher Suozzi
Cal Susanin
Eleanor Suydam
Sarah Sykes
Kristin Tallodi
Talmadge Hill Community Church
Barbara Tarrant
James Taubner
Emily Tedford

Anthony Terlizzi
William Thomas
Jack Thompson
Mary Thompson
William Thompson
John and Lucy Thorne
Cynnie and Eric Thunem
Travelers
Robert and Amy Trudel
Roy Turner
United Way of Coastal Fairfield
County
Elaine Vagnone
Robert Vance
Adam Vance
Piper Van Wagenen
Salvatore Verrastro
Veterans of Foreign Wars Inc.
Charles C. Via
Debra J. Wagner
Suzanne Wall
Mary Wall
James Warren
Greg and Pamela Walsh
The Walter Stewart Company
Susan and John Weatherly
John Weitz
Timothy Welch
Zach Wells
Lawrence and Joan Wexler
Jo Anne and Raymond C. Wheeler
Sam Whinery
Chris White
Angela Whitney
Jocelyn and Peter Wietfeldt
Kevin C. Wilder
Lukyda Williams
Andrew Wilson
Andrew and Elizabeth Wodjula
Madison Wolter
Liza Yeomans
Ginene Zeyher
Aaron Zimmerman

*List reflects non-capital campaign contributions to the Annual Support Campaign, Annual Charity Golf Tournament, Annual Circus, and miscellaneous contributions January 1, 2015 through December 31, 2015. If your name is incorrectly listed or accidentally omitted, please accept our sincere apologies and contact the Development Office at 203-920-1654 with corrections.

NEW CANAAN YMCA ENDOWMENT SUPPORTERS

Estate of Florence Adams
Michael D. Allen and Family
Mr. & Mrs. Cyrus Anfindsen
Buck Balkind
Patricia & George Benington
Erica Bergmans
Nancy & Donald Bouloukos
Estate of Robert C. Brand
Susan & Bill Brock
Pauline & Adrian Brody
Sue & Reid Campbell
The Church Family
Kathleen & Randy Corbet
Laura & Craig Costigan
Kennon Jayne
Susan & Timothy Jensen
Sarah Kahn & Rick Routhier
Holly & William Kennedy
Brett & Mark Kristoff
Eugenia & Robert Labbancz
Lori & James Marcus
Bo & Julie Marcus
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The McCurdy Family
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Beth & Gregory Pepe
Amy Reid
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Pat & Joe Schubert
Diane and Spiros Segalas
Susan and Eric Sheinberg
Kathy and Peter Skaperdas
Success Printing and Mailing Inc.
Carol and Jean-Paul Valles
Pam & Dixon Yee

THE NEW CANAAN COMMUNITY YMCA STATEMENT OF FINANCIAL POSITION: DECEMBER 31, 2015 AND 2014

	<u>2015</u>	<u>2014</u>
ASSETS		
Cash and cash equivalents	\$6,720,847	\$ 6,534,159
Investments	269,432	271,821
Accounts receivable	145,603	28,228
Pledges receivable, net	2,358,930	2,930,426
Prepaid expenses	137,278	84,340
Land, buildings and equipment	12,437,307	12,577,045
Investment in real estate	<u>530,000</u>	<u>530,000</u>
 Total Assets	<u>\$22,599,397</u>	<u>\$ 22,956,019</u>
LIABILITIES AND NET ASSETS		
Liabilities		
Accounts payable and accrued expenses	\$1,278,108	\$618,667
Deferred membership and program fees	809,352	476,115
Note payable	<u>—</u>	<u>2,177,674</u>
 Total liabilities	<u>2,087,460</u>	<u>3,272,456</u>
 Net Assets		
Unrestricted:		
Designated for endowment	269,432	271,821
Designated for real estate	530,000	530,000
Undesignated	<u>10,194,451</u>	<u>10,025,592</u>
Total unrestricted	10,993,883	10,827,413
Temporarily restricted	<u>9,518,054</u>	<u>8,856,150</u>
Total net assets	<u>20,511,937</u>	<u>19,683,563</u>
 Total Liabilities and Net Assets	<u>\$22,599,397</u>	<u>\$ 22,956,019</u>

THE NEW CANAAN COMMUNITY YMCA

STATEMENT OF ACTIVITIES DECEMBER 31, 2015 AND 2014

PUBLIC SUPPORT & REVENUE	2015			2014		
	Unrestricted	Temporary Restricted	Total	Unrestricted	Temporary Restricted	Total
Program tuition fees	\$4,263,127	\$358,839	\$4,621,966	\$4,564,836	\$397,195	\$4,962,031
Membership fees	4,010,069	-	4,010,069	4,063,606	-	4,063,606
Contributions	322,417	869,306	1,191,723	54,621	2,429,624	2,484,245
Other revenue	124,503	11,182	135,685	167,381	-	167,381
Special events	-	168,306	168,306	-	156,536	156,536
Investment return, net	811	-	811	17,618	-	17,618
Net assets released from restrictions	<u>745.729</u>	<u>(745.729)</u>	=	<u>719.100</u>	<u>(719.100)</u>	=
Total public support and revenue	<u>9,466,656</u>	<u>661,904</u>	<u>10,128,560</u>	<u>9,587,162</u>	<u>2,264,255</u>	<u>11,851,417</u>
EXPENSES	2015			2014		
	Unrestricted	Temporary Restricted	Total	Unrestricted	Temporary Restricted	Total
Program services	8,174,745	-	8,174,745	8,352,192	-	8,352,192
Management and general	639,512	-	639,512	628,575	-	628,575
Fundraising	<u>485,929</u>	=	<u>485,929</u>	<u>587,238</u>	=	<u>587,238</u>
Total expenses	<u>9,300,186</u>	=	<u>9,300,186</u>	<u>9,568,005</u>	=	<u>9,568,005</u>
Increase in Net Assets	166,470	661,904	828,374	19,157	2,264,255	2,283,412
Net Assets- Beginning of Year	<u>10,827,413</u>	<u>8,856,150</u>	<u>19,683,563</u>	<u>10,808,256</u>	<u>6,591,895</u>	<u>17,400,151</u>
Net Assets- End of Year	<u>\$10,993,883</u>	<u>\$9,518,054</u>	<u>\$20,511,937</u>	<u>\$10,827,413</u>	<u>\$8,856,150</u>	<u>\$19,683,563</u>



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



BUILDING A STRONGER FUTURE TOGETHER

The New Canaan YMCA broke ground on our \$20 Million renovation on November 1, 2015 with an anticipated completion date of spring 2017.

NEW CANAAN YMCA Annual Report 2015

The Y. For a Better Us.™