

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# WHERE THE COMMUNITY COMES TOGETHER



NEW CANAAN YMCA Annual Report 2015

The Y. For a better us.™



#### **MISSION IN ACTION**

Highlights from 2015

- Our 2015 Annual Support Campaign, under the leadership of Kevin Cowser, Pam Norton, and Rick Routhier, enabled us to provide the equivalent of nearly \$300,000 in financial assistance, ensuring that no is ever turned away from maintaining a healthy lifestyle at the Y.
- Our 19th annual golf outing at the Country Club of Fairfield, chaired by Chris Pohle and Rick Selvala raised over \$80,000 to support our Special Needs department.
- 2015 marked our third year offering the LIVESTRONG at the YMCA cancer wellness program. This 12-week program is available to any cancer survivor within our community at no cost.
- Throughout the year, over 2,000 individuals came togther with their families to enjoy fun, special events such as Family Dinner Night, the Y's Family Mud Run, our Halloween Party, and our annual family circus.
- Our special needs department continues to work to ensure everybody feels welcome at our Y. In 2015, over 100 individuals with special needs participated in programs and events at the Y. Thanks to funds raised through our Annual Support Campaign and the annual charity golf outing, support staff is offered to these individuals at no additional cost.

- In 2015, the Y partnered with Stamford Health to improve the health and well-being of our community through an on-site Wellness Nurse Coordinator and physical therapy.
- Over 1,600 kids developed skills, focus, and self-confidence while participating in our youth recreational basketball league or competing on our competitive swimming, diving, or synchronized swimming teams.
- In 2015, over 150 families looked to the Y's full-day childcare, preschool, and after-school childcare programs to provide a safe and nurturing envronment for their children.
- The Y is committed to helping our members and the community maintain a healthy lifestyle.
   People of all ages are improving their well-being through the programs and resoures at the Y.
- 2015 featured our ninth year in partnership with Facing the Future, a child development facility in Kibera, Kenya. With the help of generous donors, we are able to provide school supplies and two meals a day to approximately 300 children in need. Last year, Facing the Future grew to serve eighth grade and achieved a near 100 percent student passing rate of the Kenya high school entrance exam, with nearly one half the students achieving "elite scores".

#### FOR YOUTH DEVELOPMENT

#### Nurturing the potential of every child and teen

We believe that all kids deserve the opportunity to discover who they are and what they can achieve under the guidance of adults who care about them.

#### In 2015:

- Over 150 families belong to the Y's childcare community. Through full-day childcare/ preschool and after-school childcare programs, the Y creates a safe and nurturing place for children to learn, discover, and grow.
- Over 120 children participated in the Y's school vacation camp program, which provides a fun childcare option for families on school vacation days.
- Nearly 600 children grew and made friends and lasting memories at summer camp. Over 40 campers were children with special needs, making our camps an inclusive and enriching experience for all.
- In 2015, 165 pre-teens, teens, and young adults developed leadership skills and received one of their first work experiences at our summer camps. Whether a camp counselor or counselor-in-training, all became role models.
- In 2015, nearly 725 children learned to become safer and more confident in the water through swim lessons.

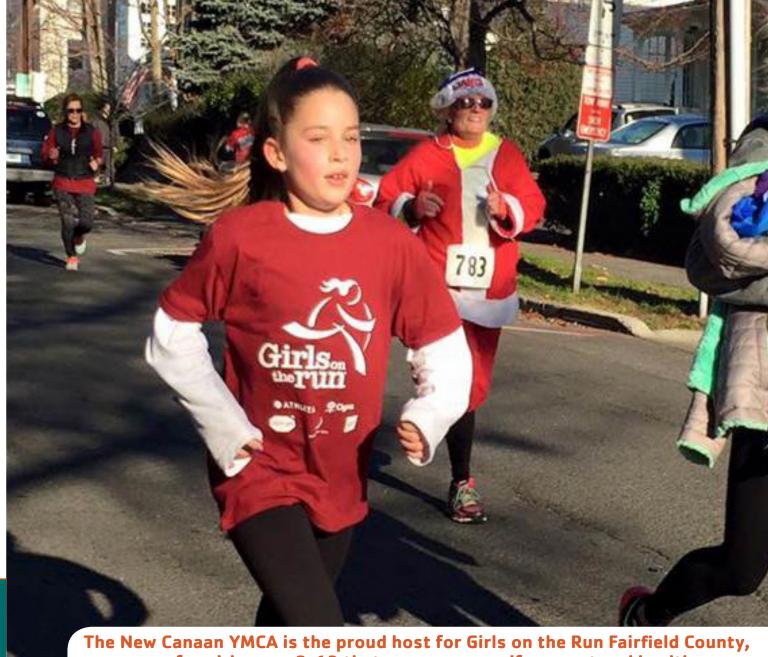
- Through the Y's recreational sports programs and leagues, approximately 1,500 children developed a love for sports, while building a sense of confidence and teamwork.
- The Y continues to serve as a place for fun and safe out-of-school activity for middle schoolers and teens through activities like Middle School Madness, open gym, archery, sports clinics, and more.
- Over 450 young athletes participated in the Y's three competitive aquatics teams including swimming, diving, and synchronized swimming, developing goal setting, leadership, time management, and self-confidence.
- In 2015, the Y launched a partnership with Parisi Speed School. Approximately 120 kids ages 7 and older participated in its first year at the Y. enjoying a positive training experience that improves speed of movement and strength in character regardless of ability.











The New Canaan YMCA is the proud host for Girls on the Run Fairfield County, a program for girls ages 8-13 that encourages self-respect and healthy living. in 2015, Girls on the Run served over 400 girls in 14 school districts thoughout Fairfield County.

#### FOR HEALTHY LIVING

#### Improving the nation's health and well-being

With a mission centered on balance, the Y brings families closer together, encourages good health, fosters connections through fitness, sports, fun, and shared interests.

#### In 2015:

- The Y continues to serve as a community resource dedicated to promoting wellness and disease prevention among people of all ages and abilities. From cardio and strength building classes, to mind-body and nutrition programs, everybody is welcome at the Y as they work toward maintaining a healthy lifestyle.
- 850 seniors in our community come to the Y to stay active, healthy, and connected.
- Throughout the year, over 2,000 individuals and their families took a break from their busy schedules to enjoy time together at one of the Y's special events. The Y fosters family togetherness through community events like Family Dinner Night, the Halloween Party, and the annual family circus.
- In collaboration with Stamford Health, the Y
  hosted ten lectures, each providing information
  on a different health topic, empowering
  attendees with knowledge. These lectures were
  free and open to the entire community.

- Nearly 100 children participated in the Y's Families In Training (F.I.T.) program. Once completed, participants can workout at the Y with their parents, encouraging families to stay active and healthy together.
- For the second year, the Y has served as the home for a local Parkinsons Support Group, supporting over 80 individuals.
- Over 500 fathers and children strengthened their relationship and made lasting memories through the Y Guide and Princess program in 2015.
- In 2015, the Y partnered with Stamford Health to help support the health and well-being needs of our community through the introduction of an on-site Wellness Nurse Coordinator and physical therapy services.











In 2015, the Y ran three LIVESTRONG at the YMCA programs, serving 20 community members who are cancer survivors. This program is available to any cancer survivor at no cost.

#### FOR SOCIAL RESPONSIBILITY

#### Giving back and providing support to our neighbors

Since 1954, we have been listening and responding to the needs of our community through education, training, motivation or support. Whether it's building a healthier community at home, or reaching across borders through our World Service Initiative, we are there to help others.

#### In 2015:

- Through donations to the Y's Annual Support Campaign, over \$300,000 in financial assistance was provided ensuring that no one is ever turned away from the youth development and healthy living resources at the Y.
- As a community partner, the Y works with many other community organizations including serving as the home pool for the New Canaan High School swimming and diving teams, a resource for New Canaan sports organizations, and a site for the New Canaan Public School's transition program.
- To help build a stronger community, the Y offers use of our facility at no charge to local nonprofits including: South Avenue Cottage, ABC House, A-Home, Boy Scouts and Girl Scouts, and the Homeschool Cooperative.
- In 2015, 875 individuals volunteered over 15,000 hours at the Y, helping to provide services to the community, and engage in philanthropy.

- The Y's Togetherhood volunteer committee provides members the opportunity to give back to those in need. Togetherhood hosted four community projects in 2015, including a shoe drive, breakfast run to NYC, and serving meals at a nearby homeless shelter.
- The Y is proudly in our ninth year of partnership with Facing the Future, a child development center in the Kenyan slum of Kibera. Nearly 300 needy children currently attend the center receiving two meals a day, education, hygiene, and medical attention. Last year, Facing the Future grew to serve eighth grade and achieved a near 100 percent student passing rate of the Kenya high school entrance exam, with nearly one half the students achieving "elite scores".











The Y's special needs department continues to thrive as a community resource. Serving over 100 children, teens, and young adults with special needs and their families, the Y offered over 50 specialized programs in 2015, plus one-on-one support allowing children with special needs to participate in traditional Y programs at no additional cost.

#### **2015 Supporters**

When you give to the New Canaan YMCA, your strengthen our community. Gifts to the Annual Support Campaign, Annual Charity Golf Outing, and community event sponsorship help the Y fulfill our charitable mission of serving the community through youth development, healthy living and social responsibility.

#### \$50,000+

Tom Hargrove and Anita Grover, MD

#### \$25,000-\$49,999

Anonymous Kathy and Peter Skaperdas

#### \$10.000-\$24.999

Stamford Health Kathleen and Kenneth Tropin

#### \$5,000-\$9,999

Anonymous The Cioffi Family Leah and Robert Ericson Kristen and Johan Eveland Glenn Houck New York Community Trust Nielsen Company Liza and Chris Pohle The SLAM Collaborative Wil and Emily Warren

#### \$2,500-\$4,999

AP Construction Company Baird Bankwell of New Canaan Amy and James Bennett The Charlton Family The Church Family Monica and Frank Granito Harvest Volatility Management Jane and Brian Hetherington The Arnold and Douglas Karp

**Families** Jov C. Luke Malott Family Foundation Jennifer and Jack Murphy Oxygen Fitness Mark and Deirdre Rajkowski Brian Regan Richard and Maureen Sabo Eileen and Dennis Schaney Kristin and Rick Selvala Keith and Janet Sherin The Walter C. Klein Foundation. Inc. Kathryn and David Tohir Town of New Canaan

#### \$1,000-\$2,499

Alicia and Bob Wyckoff

Anonymous Jeff and Jeanne Altman Constance and Andrew Ashforth Athleta Susan and Bill Brock Lynn & Najib Canaan Dionna and David Carlson Crystal & Company Exchange Club of New Canaan Erin Brennan Gutelius Olga and Tom Haack Clare and Chris Hughes Karl Chevrolet Haik and Lynn Kavookjian Daniel and Leah Kittredge Kiwanis Club of New Canaan

Bonnie Knight John and Anne-Marie Knight Mr. and Mrs. Charles P. Kontulis Rick Krug Suzanne and Douglas Lake Ed and Betsy LeGard Kay and Chris Linneman Natalie and Frank Lyon Bo and Julie Marcus Evelyn and Marty McLaughlin Tracy and Joseph Merrill Jeremiah Miller Pam and David Norton Ocean Partners Chris and M.E. O'Connor Judi & Craig Panzano Janet and David Prill Prudential Foundation Matching Gifts Program Patricia Reighley Victoria and Thomas Reynolds Jane and Mark Schoenholtz Brian Schwartz Gabrielle Shanin Akiko amd Barry Silver Pam and Mark Silverman Stonyfield Farm, Inc. Carolyn and Chris Susanin Linda and Julian Twombly William H. Pitt Foundation

#### \$500-\$999

Melanie and Scott Barnard Jackie Capra Joann Cerretani A.J. and Amy Cowser Connecticut Down Syndrome Conaress Kevin Cowser Christine and Fred Crawford Julie and Andrew Deerv Joan F. Dionne Douglas Dooley Hoyt Livery IBM Corporation Zigmas and Andrea Kaknevicius Arun Kapur Susan and Lawrence Kessler Carol E. Matousek Morgan Stanley Katherine and Kenneth F. Mountcastle New Canaan Old Timers Association New Canaan Sewing Group Maria Olivo Susan K. Pfeifer Bridget and Ed Philipp Gigi and David Priebe Mr. and Mrs. Elliott H. Sisson TOGS YMCA of Greenwich Mr. and Mrs. Peter R. Ziesing

#### \$499 and under

Anonymous (5) Nicole Abate Joseph Adiletta Bette Albaz Gilbert Alexandre Gail Allen American Express Company Carol and Maurice Antrum Jonathan and Lise Arnold

AT&T United Way Employee Giving Campaign Avon Products Foundation. Inc. Buck and Leslie Balkind Althea Bardin Kristina and Neal Barrett Yolande and Robert Bel Bruno Cvnthia Pierce Belak Trina Bennett Erica Beramans Robin Biasotti Richard Bierman Elise Bihl Peter and Samara Bilden Susan Blabev John Blumenthal Emily Boya Pauline & Adrian Brody Sonva Brown Tina Brown Patrick and Linda Cahill Alyssa and Jonothan Calvey Mollie Calzone Sue and Reid Campbell Sally and Kim Campbell Jacqueline Capra Brendan Carney Martha and James Caron Donna Carpenter Erwin Castellanos John and Nancy Cavanaugh Davie Cedela Noel and Joan Cernigila Katharine T. Cerow Emma Cheuna Dante Chicatell Cathy Chuzas Ann Clinchy Mary Coleman Judy Collins Martha and William Connolly Mike Costa Ashley Coutermash

Crisp Family Foundation Mary and Mark Cuoco Patricia Dattilo Catherine L. Daubek Dylan Degaetano Michael J. DeLeonardis Amy and Nick DiCarlo Mary and Bruno DiCosmo Anna Dietrich Christopher Douglass Carol and Richard Dowd Mike Dovle Reyn DuPont Laura Edmonds Maria Emanuel Caroleigh and Edwin Evarts ExxonMobil Foundation, Inc. Brian Fazzino Dr. Austin W. Feeney Michael Ferraro Leslie Figueroa Theresa Finnegan Anne Finneson Sarina Fiorita First County Bank Lisa and Peter Fitzsimmons Martha and Alan Fleischer Nancy Follis Paul and Christy Fowler Scott Fuller Jennifer and Robert Gallois Christina Garcia GE Foundation Maryalice and Stephen Gelhaus Ann and William Gillerlain Thomas H. Gillespie Jim and Linda Glowienka Andrew and Kimberly Gluck Susan Gold Heather and Michael Goldberg Goldman Sachs Matching Gift Program Pam and John Goodwin

Frances Goulart Tracev and Jeffrev Gould Julianne and Dan Grace Hank and Diane Green Donald Grunewald Jim and Jennifer Hall Rose Lee and Charles Halper Jean and Hugh Halsell Tyson Hammer Kelly and Terry Hanratty Nick Harris Kelly and Grant Harshbarger Judith Havard Joan Havenga Todd Healv Walter Herbst Debora Herdic Stephen Hewitt Mary Higgins & Family Donna and David Hill Hazel and Michael Hobbs Linda Hockstein Sandra and Robert Hogan Elizabeth Hogan Ann Holford Bob Howe Elizabeth and Mark Hudson Sara and David Hunt Sabra Javne Gordon and Alta Jelliffe Ouinn Jens Nicole and Ed Jezairian Eads Johnson III Matthew Josephs J. Michael and Geraldine Jovce Shari Kalhor Tracey and Steve Karl Krista Karwosky Arlene Kaufman Carolynn Kaufman Garrett Kaufman Peter Kelly Bruce and Ray Kent

Scott Kereiakes Henry King John Kingman Arthur Kirsch George and Karen Kolltides Jason and Janie Konidaris Bruce and Ellen Kramer Jennifer Kriewald Kimberly Kristof Leslie and Barbara Kurian Sean Ladrigan Clara LaPorte Patrick and Mimi Leahy Pam and Attila Libertiny Sarah Liguori Michael Lockhart Susan and Stuart Lovejoy Ida and Richard Luppinacci Nigel and Judy MacEwan Richard Mack Stephen Mainzer Virginia W. Marion Laura and James Mase Catherine Matsuvama Pat and Susan McCaughey Sharon and Alan McClymonds Marcia and A. Bliss McCrum Jake McKeegan Kathleen and Scott McLallen Kevin McMahon Tracy and Sean McManus Thomas and Constance McManus Kassie and David Means Suzanne and George Megrue Sonia Mercado-Jimenez Christine and Peter Milano Wendy H. Miller Jessica Milsom Tracev Miniter Stuart and Bonnie Minsky Doris M. Molinari Cindy and Keith Morris Michael Morris

Katherine Morrissey Naki Mourtides Karen Munev Tucker and John Murphy Tom Murphy Linda Muscolino Pauline and David Musto Jennifer Muzyk New Canaan Olive Oil Adelynne Noone Norwalk Oral & Maxillofacial Surgery, LLC Jack Nowell Matt Nussbaum Jeremy Oades Robert Macintire and Miriam Oh Nelson Oliveira Owen O'Reilly The Overlander Family Avery Owens Lavinia Paschkes Robert S. Perkin Lisa Perone Harriet Plavoukos Christina Prout Michael G. Rafferty Gregory Raho Jennifer and Daniel Rashin Kelly Ratner Mr. and Mrs. David Reed Teri and Francis C. Reed Marjorie and Paul Reinhardt Barbara and Roy Riggio James and Margaret Riley Diana Riolo Jon and Beth Ritz Rachel and Michael Rodgers Rosa Rojas Kimberly Rojas Josephine J. Rojas Charles and Deborah Rose

Sari Rosenberg

Laura Ryan

Eva Saint Joseph Salvia Josefina Santos Shelley Sanzo Jeremy and Margaret Saunders Ipek Savasoglu Nicoline and Stuart Sawabini Emma Scalero Jolene Scheel Steve and Elena Schlegel Kristen and Joseph A. Schlim Pat and Joe Schubert Lynda Scott Suzanne and Harold Scutt Lauren Secko Drew Shoemaker Raymond and Susan Shu Alexandra Sieghart John and Janet Silk Silver Hill Hospital, Inc. Simply Delicious Catering Debbie and Douglas Simpson Barbara and Karl Singer Sonia Skindrud Hunter and Marcia Smith Chloe Smith Courtney Smith Sunny Sohn Tanya Stack Thomas and Janet Stadler William and Olga Steinberg Michael and Leila Stevens Laurie and Charles Stine George Sullivan Eleanor Suydam Sarah Sykes Kristin Tallodi Talmadge Hill Community Church

Barbara Tarrant James Taubner The Walter Stewart Company William Thomas Mary Thompson William Thompson John and Lucy Thorme Cynnie and Eric Thunem Travelers Robert and Amy Trudel United Way of Coastal Fairfield County Elaine Vagnone Robert Vance Adam Vance Salvatore Verrastro Veterans of Foreign Wars Inc. Charles C. Via Debra J. Wagner Suzanne Wall Mary Wall Greg and Pamela Walsh Susan and John Weatherly John Weitz Timothy Welch Zach Wells Lawrence and Joan Wexler Jo Anne and Raymond C. Wheeler Chris White Angela Whitney Jocelyn and Peter Wietfeldt Kevin C. Wilder Andrew and Elizabeth Wodjula Madison Wolter Liza Yeomans Aaron Zimmerman

\*List reflects non-capital campaign contributions to the Annual Support Campaign, Annual Charity Golf Tournament, Annual Circus, and miscellaneous contributions January 1, 2015 through December 31, 2015. If your name is incorrectly listed or accidentally omitted, please accept our sincere apologies and contact the Development Office at 203-920-1654 with corrections.

#### NEW CANAAN YMCA ENDOWMENT SUPPORTERS

Estate of Florence Adams Michael D. Allen and Family Mr. & Mrs. Cyrus Anfindsen Buck Balkind Patricia & George Benington Erica Bergmans Nancy & Donald Bouloukos Estate of Robert C. Brand Susan & Bill Brock Pauline & Adrian Brody Sue & Reid Campbell The Church Family Kathleen & Randy Corbet Laura & Craig Costigan Kennon Jayne Susan & Timothy Jensen Sarah Kahn & Rick Routhier Holly & William Kennedy Brett & Mark Kristoff Eugenia & Robert Labbancz Lori & James Marcus Bo & Julie Marcus Carol E. Matousek The McCurdy Family Maryam & Howard Newman Beth & Gregory Pepe Amy Reid Mr. & Mrs. Richard Sainburg Pat & Joe Schubert Diane and Spiros Segalas Susan and Eric Sheinberg Kathy and Peter Skaperdas Success Printing and Mailing Inc. Carol and Jean-Paul Valles Pam & Dixon Yee

## THE NEW CANAAN COMMUNITY YMCA STATEMENT OF FINANCIAL POSITION: DECEMBER 31, 2015 AND 2014

	<u> 2015</u>	<u>2014</u>						
ASSETS								
Cash and cash equivalents	\$6,720,847	\$ 6,534,159						
Investments	269,432	271,821						
Accounts receivable	145,603	28,228						
Pledges receivable, net	2,358,930	2,930,426						
Prepaid expenses	137,278	84,340						
Land, buildings and equipment	12,437,307	12,577,045						
Investment in real estate	<u>530,000</u>	<u>530,000</u>						
Total Assets	<u>\$22,599,397</u>	<u>\$ 22,956,019</u>						
LIABILITIES AND NET ASSETS								
Liabilities								
Accounts payable and accrued expenses	\$1,278,108	\$618,667						
Deferred membership and program fees	809,352	476,115						
Note payable		<u>2,177,674</u>						
Total liabilities	<u>2,087,460</u>	3,272,456						
Net Assets								
Unrestricted:								
Designated for endowment	269,432	271,821						
Designated for real estate	530,000	530,000						
Undesignated	10,194,451	10,025,592						
Total unrestricted	10,993,883	10,827,413						
Temporarily restricted	9,518,054	8,856,150						
Total net assets	20,511,937	19,683,563						
Total Liabilities and Net Assets	<u>\$22,599,397</u>	\$ 22,956,019						

### THE NEW CANAAN COMMUNITY YMCA STATEMENT OF ACTIVITIES DECEMBER 31, 2015 AND 2014

		<u>2015</u>			2014	
PUBLIC SUPPORT & REVENUE	<u>Unrestricted</u>	Temporary Restricted		<u>Unrestricted</u>	Temporary Restricted	<u>Total</u>
Program tuition fees	\$4,263,127	\$358,839	\$4,621,966	\$4,564,836	\$397,195	\$4,962,031
Membership fees	4,010,069	-	4,010,069	4,063,606	-	4,063,606
Contributions	322,417	869,306	1,191,723	54,621	2,429,624	2,484,245
Other revenue	124,503	11,182	135,685	167,381	-	167,381
Special events	-	168,306	168,306	-	156,536	156,536
Investment return, net	811	-	811	17,618	-	17,618
Net assets released from restrictions	745,729	(745,729)	=	719,100	(719,100)	=
Total public support and revenue	9,466,656	661,904	10,128,560	9,587,162	2,264,255	11,851,417
		2015 Temporary	,		2014 Temporary	
EXPENSES	<u>Unrestricted</u>	Restricted	•	<u>Unrestricted</u>	Restricted	<u>Total</u>
Program services	8,174,745	-	8,174,745	8,352,192	-	8,352,192
Management and general	639,512	-	639,512	628,575	-	628,575
Fundraising	485,929	=	485,929	<u>587,238</u>	=	<u>587,238</u>
Total expenses	<u>9,300,186</u>	Ξ	9,300,186	<u>9,568,005</u>	=	9,568,005
Increase in Net Assets	166,470	661,904	828,374	19,157	2,264,255	2,283,412
Net Assets- Beginning of Year	<u>10,827,413</u>	<u>8,856,150</u>	19,683,563	10,808,256	6,591,895	17,400,151
Net Assets- End of Year	10,993,883	\$ <u>9,518,054</u>	<u>\$20,511,937</u>	<u>\$10,827,413</u>	<u>\$8,856,150</u>	<u>\$19,683,563</u>



#### **BUILDING A STRONGER FUTURE TOGETHER**

The New Canaan YMCA broke ground on our \$20 Million renovation on November 1, 2015 with an anticipated completion date of spring 2017.

#### **NEW CANAAN YMCA** Annual Report 2015

The Y. For a Better Us.™