



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MORE FUN WITH GOOD FRIENDS

Registration
Begins:
2/13

YSN SPRING ACTIVITIES 2023

Mondays: *8 weeks / Dates: 4/3-6/5

Rhythm Hearts Theater 4:15-5:30pm (Ages 12+)

Tuesdays: *8 weeks / Dates: 3/21-5/16

Drumming & Yoga 4:00-5:15pm (Ages 12+)

Teen Scene 5:15-6:30pm

Wednesdays: Dates: 3/8-5/31

Cardio Dance: 4:15-5:00pm (Ages 12+)

Jr. Swim Instruction: 4:30-5:15pm (Ages 4-10) *Dates 3/8-4/26

Aquatics Swim Club: 5:15-6:00pm (Ages 12+)

Thursdays: Dates: 3/9 - 6/1

Spring Sports & Golf : 4:30- 5:15pm Ages 12+

Jr. Sensory Gym Explorers 4:30-5:15pm (Ages 5-10yrs)

Roaring 20's: 5:30-7:00pm Ages 19+ *8 weeks Dates 3/23-5/18

Saturdays: Dates: 3/11- 6/10

Teen and YA Swim Hour: 12:15-1:15pm Ages 13+

Healthy Living/Fitness & Cooking: 1:15- 2:30pm

Spring Session Begins: March 6 - June 10

NO YSN SPRING CLASSES: 4/7-4/15 & 5/29

For more information contact Director of Special Needs Programming
Carolynn Kaufman: 203-920-1656 / ckaufman@newcanaanymca.org