

Table of Contents

Introduction
Registration Information & Financial Assistance
Camp Y-Ki6-7
L.I.T. Programs
C.I.T. Programs
Artistic Swimming Camp
Y Special Needs Camp Programs & Services 12-13



SOMETHING FOR EVERYONE

There's something about summer camp memories—the friendships we make, the skills we learn, and the confidence we build stay with us forever. The New Canaan YMCA's summer camps offer a variety of experiences for children of all ages and abilities. Whether your child is having their first camp experience at Camp Mini, or a traditional outdoor summer camp experience at Camp Y-Ki, or discovering their love for Artistic Swimming, they will be encouraged to grow, have fun, and make memories. Each camp offers safe and supervised fun provided by a caring, responsible staff, and each child gains something different—new friends, learning to swim, self-confidence, independence, and leadership—all skills that last a lifetime.

ALL CAMPERS MUST BE A NEW CANAAN YMCA MEMBER IN ORDER TO PARTICIPATE IN CAMP

YEAR-ROUND MEMBERSHIP

- Enjoy the New Canaan YMCA all year long and be eligible to register for programs including an array of sports, gymnastics classes, swim lessons, and recreational programs.
- Priority summer camp registration begins on a first-come, first-served basis on Tuesday, January 3, <u>online</u> and at our Front Desk.
 Secure your summer camp spot with registration access earlier than with a Summer Youth Membership.
- Youth and Family annual memberships are available. Membership fee information and a complete list of benefits are available online at www.newcanaanymca.org/join-the-y or at our Front Desk.

SUMMER YOUTH MEMBERSHIP (AGES 15 AND UNDER)

- Summer Youth Membership available for those who are only interested in joining summer programs and camp. Membership valid June 26-August 18.
- Registration for Summer Youth Membership and summer camp begins Wednesday, March 1, 9:00 am. Registration may take place at our Front Desk or online.
- Summer Youth Membership Fee: \$100

CAMP DIRECTORS

CAMP MINI

Suzy Pfeifer: 203-920-1649 spfeifer@newcanaanymca.org

CAMP Y-KI & LEADER-IN-TRAINING (L.I.T.)

Phil Prout: 203-966-4528 ext. 193 pprout@newcanaanymca.org

COUNSELOR-IN-TRAINING (C.I.T.)

Carolynn Kaufman: 203-920-1656 ckaufman@newcanaanymca.org

ARTISTIC SWIMMING CAMP

Jen Muzyk: 203-920-1648 jmuzyk@newcanaanymca.org

YSN CAMP JAM/YSN SUPPORT

Carolynn Kaufman: 203-920-1656 ckaufman@newcanaanymca.org

VOLUNTEER OPPORTUNITIES

Interested in volunteering at our camps this summer? Contact Carolyn Wolfe at 203-920-1627 or cwolfe@newcanaanymca.org.

Registration Information

REGISTRATION DATES

New Canaan YMCA Year-Round Members:

Summer camp registration begins on a first-come, first-served basis on Tuesday, January 3, at 9:00am for year-round members. Registration may be completed at our Front Desk or online at www.newcanaanymca.org/registration.

New Canaan YMCA Summer Youth Members:

Registration for Summer Youth Membership and summer camp begins Wednesday, March 1, 9:00am.

ONLINE REGISTRATION

To register for summer camp online, you must be a current New Canaan YMCA member and have an online registration account set up. You may request your online registration account by sending your email address to membership@newcanaanymca.
org or by stopping by our Front Desk. Requesting an online registration account must be done at least one week prior to registration.

Online registration will close at the discretion of the camp director. New Canaan YMCA Annual Members may complete registration for all summer camp sessions online. All registration with special payments or financial assistance must be completed at our Front Desk.

Camp registration will continue at our Front Desk until all spaces are filled. All campers must have a valid New Canaan YMCA membership through the end of camp: June 26-August 18.

ACTIVITY CANCELLATIONS & REFUND POLICY: SUMMER CAMP

- Summer Youth Memberships are NON-REFUNDABLE
- If the Y cancels an activity, a 100% refund will automatically be issued. The YMCA reserves the right to cancel any activity that fails to meet enrollment requirements.
- If a class is canceled by the Y due to inclement weather or an emergency, every effort will be made to offer a make-up class. If the YMCA is unable to do this, credit for the missed class will be issued. If participants are unable to attend the scheduled makeup class, no credit will be issued.
- If a program participant withdraws due to a medical reason, with written verification by a physician, prorated refund will be issued.* Request must be submitted prior to the last class of the session.
- No other refunds will be provided unless the vacant space can be immediately filled. Refund inquiries should be sent to the appropriate activity director.
- All refunds are less a \$15 processing fee per participant/session.

ALL CAMP FORMS MUST BE SUBMITTED BY JUNE 1.

Once you are registered for camp, you will receive an email invite from ePACT Network to complete necessary camp paperwork online.

FINANCIAL ASSISTANCE

Thanks to donations, the New Canaan YMCA proudly offers financial assistance for summer camp programs.

Application Process:

For those who do not currently have a year-round membership and/or are not current financial assistance recipients:

- Please submit both the completed Membership and Summer Camp Financial Assistance applications to Diana Riolo
- Membership Financial Assistance applications must include most recent federal income tax return filed, 2022 W2s and/or 1099s, copies of last three pay statements for all working adults in the household, and copies of the household's last three bank statements.

Current Members Receiving Financial Assistance:

For current financial assistance recipients who have a year-round New Canaan YMCA membership valid through the end of camp:

- Submit a Summer Camp Financial Assistance application;
- Submit a \$75 deposit per child/per session to secure your space;
- Submit a complete copy of your 2022 Federal Tax Return by March 1, 2023 to Diana Riolo.

Application Submission:

Diana Riolo, Director of Development & Community Impact: 203-920-1653 | driolo@newcanaanymca.org

Application Deadlines:

Applications should be submitted in a timely manner ahead of registration deadlines as the review process can take up to 15 business days. Applications can be found at our Front Desk or online at www.newcanaanymca.org/financial-assistance.

Camp Registration Start Dates:

Participants with a Year-Round Membership: Tuesday, January 3, 2023 at 9:00am

Participants with a Summer Youth Membership: Wednesday, March 1, 2023 at 9:00am



Camp Mini

AGES 3-5 (PRE-K)

WHERE LITTLE KIDS MAKE BIG MEMORIES

Your child's first summer camp experience is a special one. Held at our Y, Camp Mini provides a safe and comfortable camp experience for children to play, grow, and make friends. Our Y's Camp Mini provides a safe, nurturing, and age-appropriate environment for children ages 3-5 (children must be pre-k and potty-trained). Camp Mini offers creative learning, recreational, and social experiences for our campers, who enjoy activities designed to teach new skills as well as provide lots of fun!







HOURS

Monday – Friday Half-Day Camp: 9:15 am – 1:15 pm (Ages 3, 4, & 5) Full-Day Camp: 9:15 am – 4:15 pm (Ages 4 & 5 only)

DATES

Session 1: June 26 – July 7 (no camp July 4) Session 2: July 10 – July 21 Session 3: July 24 – August 4 Session 4: August 7 – August 18

FEES

\$865 (full-day camp: 9:15 am – 4:15 pm)**

*Half-day is prorated to \$475 for Session 1.

**Full-day is prorated to \$780 for Session 1.

\$525 (half-day camp: 9:15 am - 1:15 pm)*

CAMP ACTIVITIES

- Bouncing Bears
- Arts & Crafts
- Music
- Outdoor Sports & Playground Time
- Swimming Lessons & Free Swim
- Cooking and Science Projects (Full Day)
- Theme Weeks
- Special Event Days

CAMP MINI DIRECTOR

Suzy Pfeifer:

203-920-1649 | spfeifer@newcanaanymca.org

SUPPORT SERVICES

For information about inclusive support services offered at our camp, see page 12 and contact Carolynn Kaufman, Director of Special Needs Programming, at 203-920-1656 or ckaufman@newcanaanymca.org.



Camp Y-Ki

COMPLETED GRADES K-5

Learn more about our L.I.T. & C.I.T. programs on pages 8 & 9.

WHERE ADVENTURE AWAITS

Camp Y-Ki offers a traditional camp experience enhanced by innovation. Held at Kiwanis Park, campers will participate in camp songs, arts & crafts, archery, creative arts, team building, nature classes, both traditional and non-traditional sports, and free swim/ lessons. Y-Ki is the place for your child to spend the summer making new friends, trying new things, and growing as an individual. Come join our tradition and become part of the Y-Ki family!







SUPPORT SERVICES

For information about inclusive support services offered at our camp, see page 12 and contact Carolynn Kaufman, Director of Special Needs Programming, at 203-920-1656 or ckaufman@newcanaanymca.org.

HOURS

Monday-Friday, 9:00 am - 4:00 pm

EXTENDED DAY

Extended day options are available at Camp Y-Ki for an additional fee.

Morning: 8:00 am - 9:00 am Evening: 4:00 pm - 5:30 pm

DATES

Session 1: June 26 - July 7 (no camp July 4)

Session 2: July 10 – July 21 Session 3: July 24 – August 4 Session 4: August 7 – August 18

FEES

\$815/session (Session 1 is prorated to \$735)

Morning Extended Day (8:00 am – 9:00 am): \$80 per session*

Evening Extended Day (4:00 pm – 5:30 pm): \$155 per session**

*Morning Extended Day is prorated to \$72 for Session 1.

**Evening Extended Day is prorated to \$140 for Session 1.

CAMP ACTIVITIES

- Sports (archery, gaga, and more!)
- Creative arts
- Arts and crafts
- River walks
- Aquatic activities (swimming, canoeing, and paddle boarding)
- Theme weeks
- Team building

SPECIALTY CAMPS

Campers going into 5th-8th grade (Eagles and L.I.T.s) have a dedicated time to choose their own activity! Held Tuesdays through Thursdays, specialty camps allow the older campers to have a little more flexibility and freedom with their camp schedule. Campers will be able to choose activities from the four categories: Sports, Nature/Science, Arts/Community, and Water Sports.

CONTACT

For additional information regarding Camp Y-Ki, contact Phil Prout:

203-966-4528 ext. 193 | pprout@newcanaanymca.org

L.I.T. Programs

CAMP Y-KI LEADER-IN-TRAINING

(COMPLETED GRADES 6 & 7)

The L.I.T. program has been designed to teach our oldest campers about the importance of responsibility, empathy, and working with others while having fun at camp! L.I.T. activities will be similar to regular camp activities, but will be tailored to meet the needs of our oldest campers. Participants will have two periods of swimming each day, and will select a different specialty camp each week. The L.I.T.s will also attend two field trips; one with the L.I.T. group and one with the whole camp. Past field trips include Escape New Haven and IT Adventure Ropes Course.

L.I.T. ONE

Led by L.I.T. Specialists, first-year L.I.T.s will blend regular camp activities and some L.I.T.-focused activities to slowly introduce more freedom and group choice. First-year participants will complete a Red Cross Babysitting Certification course, instructing them how to properly and safely care for children. They will also spend time shadowing our Camp Specialists learning what makes a true leader. The L.I.T. program is a great way for older children to get out and enjoy the summer, while learning valuable life lessons and making quality friendships.

L.I.T. TWO

Designed specifically for L.I.T.s who have attended the program before. Led by L.I.T. Specialists, this program provides returning participants with greater independence and responsibility. The group will blend camp/community enrichment projects with fun camp activities. L.I.T.s will also spend time shadowing camper groups and counselors, as they further develop their leadership skills. Beyond the regular camp activities, L.I.T.s will also spend time planning and implementing camps/community enrichment projects focused on reinforcing one of the Y's areas of focus: social responsibility.

SUPPORT SERVICES

For information about inclusive support services offered at our camp, see page 12 and contact Carolynn Kaufman, Director of Special Needs Programming, at 203-920-1656 or ckaufman@newcanaanymca.org.



HOURS

Monday - Friday, 9:00 am - 4:00 pm

EXTENDED DAY

Morning Extended Day (8:00 am – 9:00 am) Evening Extended Day (4:00 pm – 5:30 pm)

DATES

Session 1: June 26 – July 7 (no camp July 4)

Session 2: July 10 – July 21 Session 3: July 24 – August 4 Session 4: August 7 – August 18

FEES

\$920/session (Session 1 is prorated to \$830) Morning Extended Day: \$80/session* Evening Extended Day: \$155/session**

*Morning Extended Day is prorated to \$72 for Session 1.

**Evening Extended Day is prorated to \$140 for Session 1.

Required Camp Forms Due June 1.

For questions regarding the L.I.T. program, please contact Davie Cedela:

203-920-1641 dcedela@newcanaanymca.org

C.I.T. Programs

C.I.T. COUNSELOR-IN-TRAINING

(AGES 14 & 15)

Our C.I.T. program offers teenagers ages 14 & 15 who are interested in working with children and gaining leadership skills. C.I.T.s help bridge the gap between campers and counselors, learning to become a positive role model. C.I.T.s gain leadership experience and learn how to work with a variety of age groups either at Camp Mini (preschool camp located at the Y) or Camp Y-Ki (school-age traditional outdoor camp located at Kiwanis Park). In addition to working with younger campers, C.I.T.s enjoy special activities including pizza parties, theme days, community service projects, and more! C.I.T.s report directly to the C.I.T. coordinator and Camp Program Director who mentor them through any challenges and celebrate growth. All C.I.T.s are required to attend pre-camp trainings. Evaluations are conducted throughout the camp sessions and used for second year return invitations and future paid counselor positions.

COUNSELOR-IN-TRAINING: FIRST YEAR

C.I.T.s will be given the opportunity to develop skills and peer relationships in an engaging environment. While they are not responsible for the safety and supervision of campers, first-year C.I.T.s will work in camp groups, engage in camp games, songs, activities, and participate in leadership trainings with fellow C.I.T.s.

COUNSELOR-IN-TRAINING: SECOND YEAR AND BEYOND

C.I.T.s who have already successfully completed one summer of our C.I.T. program will participate in our Second Year and Beyond program. This program features a training refresher with evaluations at the end of each session. In addition to assisting with everyday camp responsibilities and groups, second year and beyond C.I.T.s enjoy hands-on experience working with camp leadership staff to plan and implement activities. This additional experience will enable the more seasoned C.I.T.s to practice their skills as a future camp counselor.



HOURS

Monday-Friday, 9:00 AM - 4:15 PM
*Times may vary based on camp placement

DATES

Session 1: June 26 – July 7 (no camp July 4)

Session 2: July 10 – July 21 Session 3: July 24 – August 4 Session 4: August 7 – August 18

FFFS

C.I.T. First Year: \$200/session (*minimum 4-week commitment)

C.I.T. Second Year and Beyond: \$150/session

HOW TO APPLY

Candidates must fill out a C.I.T. application and will be interviewed by the C.I.T. Coordinator. C.I.T. applications are available online and at our Front Desk.

Apply early as space is limited by session. Acceptance into the program will be based on completed application, demonstrated interest in program and interview (mandatory for first year). C.I.T. applications are available online and at our Front Desk.

- 1. Submit completed application to CIT Program Director by April 1.
- 2. Interviews for first-year C.I.T.s will be held on a rolling basis from 3/15-5/1.
- 3. Acceptance into program notification by 5/15.
- 4. All camp epact paperwork and payment must be completed by June 1 to secure spot.

Required Camp Forms Due June 1.

For questions regarding the C.I.T. program, please contact Carolynn Kaufman: 203-920-1656 | ckaufman@newcanaanymca.org



Artistic Swimming Camp

BOYS & GIRLS AGES 6-12

WHERE ANYONE CAN FALL IN LOVE WITH ARTISTIC SWIMMING

Artistic swimming is the perfect combination of dance, gymnastics, music, and swimming! If your child enjoys any of those activities, they will love artistic swimming. The two-week sessions will introduce your child to the sport while enhancing their flexibility, endurance, and overall comfort in the water. Basic artistic swimming skills are taught along with a routine that is choreographed to music that is heard under the water as well as above. No experience necessary! Camp takes place in our Forese Family Pool.







PREREQUISITES

Participants must be comfortable swimming in the Scooter Pool without assistance or a flotation device. The curriculum includes being fully submerged and upside down in the water. It is **required** that participants be in school-age level 4 swim lessons or higher (refer to www.newcanaanymca.org/swim-lessons for an overview of the Y's swim lessons program). **For evaluation and registration information, contact Deb Isidro at 203-920-1633 or disidro@newcanaanymca.org.**

HOURS

9:00 am - 12:00 pm

DATES

Session 1: July 10 – July 21 Session 2: July 24 – August 4 Session 3: August 7 – August 18

FEES

\$580/session

Required Camp Forms Due June 1

ARTISTIC SWIMMING CAMP COORDINATOR

Alex Poteet:

203-966-4528 ext. 173 | apoteet@newcanaanymca.org

Y Special Needs Summer Programs

PRE-APPROVAL REQUIRED

SUPPORT SERVICES

SPECIAL CARES SUPPORT AT CAMP MINI & CAMP Y-KI (AGES 3-14)

With the aid of our YSN support services, the New Canaan YMCA offers campers with varying abilities the opportunity to participate in a traditional camp experience. At Camp Mini and Camp Y-Ki, campers are immersed in camp groups and scheduled activities. The YSN department offers eligible campers a 1:1 or 1:2 counselor-to-camper ratio (at no additional cost to registrants), providing the camper with support and encouragement to participate in camp activities at their own pace within the structured program.

Special Cares support is designed for campers who require additional direction and support, but do not require intensive behavioral and/or physical intervention.

*To register for support, please contact Carolynn Kaufman Director of Special Needs Programing. Support availability is on a first-come, first-served basis.

Please see specific camp corresponding pages for fees, dates, and times. To ensure proper accommodations can be made, a new camper interview is required for all new campers.

ESY/Half-day option at Camp Y-Ki:* Adjusted camp fee will be offered for those campers who would benefit from a half-day camp option with assistance, or who will be attending the morning ESY school programs and will attend Camp Y-Ki in the afternoons with school supported staff. Participants will attend camp Monday-Thursday beginning at lunchtime and if appropriate, a full day on Fridays.

*This program requires prior approval from Carolynn Kaufman, Director of Special Needs programming, and the Special Education staff at the child's school.





TO APPLY FOR SUPPORT:

To register, for additional information, or to set up a new camper interview contact Carolynn Kaufman, Director of Special Needs Programming at ckaufman@newcanaanymca.org or 203-920-1656.

Registration for YSN Camp Jam for teens & young adults or Special Cares support at Camp Mini or Camp Y-Ki needs prior approval and is done on a first-come, first-served basis as we can accommodate. Space is limited and participation enrollment is not quaranteed.

There is a maximum of four weeks of Special Cares support at Camp Mini, Camp Y-Ki, and Artistic Swimming Camp per camper.

In addition to required camp forms, all Special Cares paperwork must be completed to register for Special Cares support and specialized camps. *CAMPERS MUST BE TOILET-TRAINED.

Y Special Needs Summer Programs

CAMP JAM FOR TEENS & YOUNG ADULTS (AGES 13+)

Our Camp Jam program is specifically designed to meet the needs of our participants with special needs who require additional direction and support, but do not require 1:1 or intensive behavioral and/or physical intervention. This specialized camp offers a high staff-to-camper ratio and a structured schedule that rotates weekly to offer: swimming, art, dance, music therapy, yoga, group fitness, with a personal trainer, drama, cooking, and weekly special events (ie: Animal Embassy, African Drumming, Mad Science, Magic Show). Camp Jam offers participants the opportunity to participate in an enriching summer camp experience while developing skills, building friendships, staying active, and most importantly having fun! For more information, contact Carolynn Kaufman, Director of Special Needs Programming, at 203-920-1656 or ckaufman@newcanaanymca.org.

DATES

Session 1: June 26 - June 29

Session 2: July 3 - July 6 (no camp July 4)

Session 3: July 10 - July 13 Session 4: July 17 - July 20 Session 5: July 24 - July 27 Session 6: July 31 - August 3

*Register by week

DAYS/HOURS

Monday – Thursday 3:00 – 5:00 pm

*Activities begin at 3:15pm

MEMBER FEE

\$220/session*

*Session 2 is prorated to \$170

**Non-member rates available, contact Carolynn Kaufman at 203-920-1656 or

ckaufman@newcanaanymca.org.





VOLUNTEER OPPORTUNITY: CAMP JAM PEER BUDDY (AGES 15+)

Looking for a fun way to spend your afternoons this summer? Come join our Camp Jam for teens and young adults and immerse yourself in summer fun with our YSN participants. Interested in volunteering? Contact Carolyn Wolfe at cwolfe@newcanaanymca.org.

DATES

Session 1: June 26 - June 29

Session 2: July 3 - July 6 (no camp July 4)

Session 3: July 10 - July 13 Session 4: July 17 - July 20

Session 5: July 24 - July 27 Session 6: July 31 - August 3

DAYS/HOURS

Monday – Thursday 3:00 – 5:00 pm

FEE

FREE

CALLING ALL LEMONAIDERS

Neighborhood Lemonaid Stand Fundraiser For our Friends at Facing the Future (FAFU) NEW CANAAN YMCA



MEMORIAL DAY-LABOR DAY

FRIENDS • FUN • LEMONADE

Help support 380 students at Facing the Future Education Center (FAFU) in Kibera, Kenya, by volunteering to host a neighborhood LemonAid stand this summer from Memorial Day to Labor Day!



IT'S EASY!

- Sign up by contacting Diana Riolo at 203-920-1653 or driolo@newcanaanymca.org
- Pick up your LemonAid stand kit (while supplies last) beginning May 30, 2023
- Grab your family or some friends and host your LemonAid Stand
- Return any LemonAid Stand funds raised for FAFU to the New Canaan YMCA

WHERE THE COMMUNITY

COMES TOGETHER

SUPPORT THE Y AND MAKE A DIFFERENCE TODAY!

ANNUAL SUPPORT CAMPAIGN DONATIONS PROVIDE:



Each year, we award approximately \$250,000 in financial assistance, ensuring no one is ever turned away.



Gifts to our Y allow us to serve over 130 children, teens, and young adults in our community with special needs.



Donations help support life-changing programs such as LIVESTRONG at the YMCA, serving over 20 cancer survivors annually.



Make a difference around the world through our partnership with Facing the Future, in Africa's largest slum, Kibera. EVERY GIFT, NO
MATTER THE SIZE,
MAKES A DIFFERENCE!

\$75

provides a senior with the opportunity to stay active, healthy, and connected at the Y for one month.

\$200

teaches a child the life-saving skill of learning to swim.

\$400

funds an unforgettable special event for teens with special needs in our Teen Scene program.

\$800

allows five cancer survivors in our community to participate in LIVESTRONG at the YMCA at no charge.

NEW CANAAN YMCA 564 South Avenue New Canaan, CT 06840-6322 203-966-4528

www.newcanaanymca.org

NEW CANAAN YMCA

2023 SUMMER CAMP

