



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GOOD TIMES WITH GREAT FRIENDS

REGISTRATION
BEGINS AUGUST 14!

YSN FALL PROGRAMS 2023

Mondays: *6weeks: 10/16-11/20

Rhythm Hearts Theater 4:15-5:30pm Ages 13+

Tuesdays: *8 weeks: 9/19-11/7 (*8weeks)

Y-Tunes Drumming & Yoga Stretch 4:15-5:30pm Ages 13+

Wednesdays: 9/6-11/15

Cardio Dance 4:15-5:00pm Ages 13+

Jr. Instructional Swim 5:15pm - 6:00pm Ages 5-12yrs

YSN Aquatics Swim Club 5:15- 6:00pm Ages 13+

Thursdays: 9/7-11/16

Jr. Sensory Explorers 4:15-5:00pm Ages 5-10yrs

Fall Striders/Run Club 4:30-5:15pm (*8 weeks: 9/21-11/9) Ages 13+

Roaring 20's 5:30-7pm (*8 weeks: 9/21-11/9) Ages 17+

Saturdays: 9/9-11/18

Teen & YA Free Swim 12:15-1:15pm Ages 13+

Healthy Living Class 1:15-2:30pm Ages 13+

Fall Session Dates: 9/6-11/20

For more information contact:

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