



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NEW CANAAN YMCA 2026 COUNSELOR-IN-TRAINING APPLICATION

COUNSELOR-IN-TRAINING PROGRAM (C.I.T.): Ages 14 & 15

Our C.I.T. program offers teenagers ages 14 & 15 who are serious about working with children and gaining leadership skills. C.I.T.'s help bridge the gap between campers and counselors, learning to become a positive role model. C.I.T.'s will gain leadership experience and learn how to work with a variety of ages groups either at Camp Mini (preschool camp located at the Y) or Camp Y-Ki (school-age traditional outdoor camp located at Kiwanis Park). In addition to working with younger campers, C.I.T.'s enjoy special activities including pizza parties, theme days, community service projects and a field trip just for them! C.I.T.'s report directly to the C.I.T. coordinator and Camp Directors who mentor them through any challenges, complete performance evaluations and celebrate growth.

COUNSELOR-IN-TRAINING: FIRST YEAR

C.I.T.'s will be given the opportunity to develop skills and peer relationships in an engaging environment. While they are not responsible for the supervision of campers, first year C.I.T.'s will work in camp groups, assisting the group counselors with gathering supplies for activities, engaging campers in camp games and songs, and other day to day tasks. C.I.T.'s will also participate in leadership trainings with fellow C.I.T.s. Minimum 4-week commitment. First-year candidates will be interviewed by the C.I.T. Coordinator and Camp Directors.

COUNSELOR-IN-TRAINING: SECOND YEAR AND BEYOND

C.I.T.'s who have successfully completed one summer of our C.I.T. program can apply to participate in our Second Year and Beyond program. This program will feature a training refresher with evaluations at the end of each session. In addition to assisting with everyday camp responsibilities and groups, second year and beyond will feature hands-on experience working with leadership staff to plan and implement activities. This additional experience will enable the more seasoned C.I.T.'s to practice their skills to become prospective YMCA staff.

FEES:

C.I.T. First Year: \$371/session (Member) \$450/session (Non-member)

***Minimum 2-Session Commitment (4 weeks)**

C.I.T. Second Year and Beyond: \$319/session (Member) \$397/session (Non-member)

HOW TO APPLY:

1. Submit completed application by March 15, 2026.
2. Interviews for first-year C.I.T.s will be held on a rolling basis from mid-March through May 1st, 2026
3. Acceptance into first-year and second-year program notification by May 15.
4. All camp paperwork (submitted to PlayerSpace) and payment must be submitted by June 1, 2026 to secure spot.

CONTACT:

For questions regarding the C.I.T. program, please contact CampYKileadership@newcanaanymca.org

NAME: _____ **DATE:** _____
(First) (Middle) (Last)

ADDRESS: _____ **CITY:** _____ **STATE:** _____ **ZIP:** _____

PARENT EMAIL: _____ **APPLICANT EMAIL/CONTACT:** _____

PHONE: (____) _____ **CELL PHONE:** (____) _____ **DATE OF BIRTH:** _____

CURRENT SCHOOL GRADE: _____ **SCHOOL:** _____

Please list previous camp and any volunteer experiences:

1. We understand there are a lot of things you could be doing this summer. Briefly describe why you would like to be a C.I.T. at the New Canaan YMCA:

2. What does leadership mean to you:

3. What are your strengths and how do you feel you can positively contribute to our campers experience: (Include any activities you would like to lead)

4. What are you hoping to gain from your C.I.T. experience:

5. For second-year C.I.T.'s only: describe what you liked best about being a C.I.T. last summer and one thing you would change to improve program:

C.I.T. FIRST & SECOND YEAR:

Please indicate which C.I.T. program you are applying for below.

- C.I.T. First Year
- C.I.T. Second Year

AVAILABLE DATES:

Please check off available sessions below. Each session runs Monday-Friday for 2 weeks.

Please note: First year C.I.T.'s must commit to at least 2 sessions (4 weeks) and sessions do not need to be consecutive. For the best experience, we recommend consecutive weeks.

- Session 1: June 22-July 3
- Session 2: July 6-July 17
- Session 3: July 20-July 31
- Session 4: August 3-August 14

COUNSELOR-IN-TRAINING COMMITMENT STATEMENT:

If chosen as a Counselor-in-Training (C.I.T.), I will commit to understanding the requirements and responsibilities of being a positive role model/counselor-in-training. I will commit to regular meetings, camp fees, trainings, camp dates, and any other areas needed to perform my duties as a camp counselor-in-training. I further understand that if I do not meet the standards of a responsible C.I.T., I will be dismissed from my duties.

APPLICANT SIGNATURE: _____ **DATE:** _____

PARENT COMMITMENT STATEMENT:

As a parent/guardian of the youth completing this application, I understand the necessity to only select individuals that will be committed to the camp program. I will, to the best of my ability, support and encourage this youth to uphold their commitment to the New Canaan YMCA Summer Camp C.I.T. program if selected.

PARENT/GUARDIAN SIGNATURE: _____ **DATE:** _____

APPLICATION SUBMISSION:

Please submit applications to the email to CampYKileadership@newcanaanymca.org or drop-off a completed hard copy to our Member Services Desk.

NEW CANAAN YMCA
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New Canaan, CT 06840
www.newcanaanymca.org